

PROBUS CLUB OF AJAX MONTHLY NEWSLETTER



PROBUS Club of Ajax, Club # 82 Ajax, Ontario

Vol 23 Issue 9

September, 15, 2020

All PROBUS Club of Ajax General Meetings are CANCELLED UNTIL FURTHER NOTICE

President:
Joyce Starkman

Past-President:
Reg Lawrance

Treasurer:
John Clark

Secretary:
Julie Mathewson

Social:
Shirley Van Putten

Membership:
Tom Rosebush

Speakers:
Barbara Provis

House:
Jane Wilson

Website:
Maureen McVarish

Newsletter:
Barb Squires

Interest Groups:
N. Hobart

Member at Large:
Gail Tays

President's Message



As you know, our in-person General Membership and Management Committee meetings, Interest Group gatherings and Social Outings continue to be suspended, due to Covid-19, until it is safe for us to meet together again. In the meantime, your Management Committee has continued to conduct monthly business meetings by "Zoom". A small number of PROBUS Clubs in our area are also holding General Membership meetings using "Zoom". In August, seven members of your Management Committee were invited to attend a Durham West PROBUS General Membership meeting using "Zoom". The meeting began with a social interchange amongst members, followed by a very short business report and then a guest speaker. The speaker is an Investigative Reporter from the Toronto Star who discussed the history and current status of the Barry and Honey Sherman murders. The entire meeting lasted just over an hour. Committee members who attended from Ajax PROBUS found the meeting to be very enjoyable and entertaining. As a result, your Management Committee would like to invite you to attend a General Membership meeting, offered through "Zoom", on Wednesday, November 4th at 10:00am. More information about the meeting, as well as Instructions on how to access "Zoom", will be included in our October Newsletter.

Because of Covid-19, the turnover date for your current Management Committee has changed. Normally, a new Management Committee would replace the 2019/20 Committee in September of this year. Your 2019/20 Management Committee, however, will continue for another year until September of 2020/21, as is the case with a number of other PROBUS Clubs in our District. This is because of anticipated difficulties with the management of the Club in the middle of a Pandemic and the associated recruitment problems when no General Membership meetings are being held. There is, however, one move within the membership of the Management Committee. Nancy Hobart will be transferring from a Member-at-Large to the role of Interest Group Co-Ordinator. All other Committee members listed on the sidebar are continuing in the positions they held in 2019/20. The Committee has two vacant positions; one for Vice President and the other for a Member-at-Large. A job Description for each position is listed on the following page. If you are interested in applying for either of these positions, please contact Reg Lawrance, Past President at reg.lawrance@gmail.com

Enjoy September's beautiful weather!

Stay safe and keep well.

Joyce

IMPORTANT NOTICE TO OUR MEMBERSHIP

We are planning on having our first General Meeting via Zoom on Wednesday, November 4, 2020 at 10:00 a.m.

More information will be forthcoming along with instructions on how to access Zoom

WANTED

We have reached the end of our PROBUS year and traditionally at this time we have a turnover of our management committee. For the 2020/2021 term most of our present committee have agreed to stay on. However we are in need of a Vice President and a Member at Large. Please contact Reg Lawrance, Past President at reg.lawrance@gmail.com if you are interested in either of these positions.

Job Descriptions are as follows:

Member at Large

- A one year term of office, with a maximum of three years.
- Attend monthly Management Committee meetings, as a voting member.
- Assist the Vice President greet and orient new PROBUS members at the general meetings; introduce them to other members, and provide them with copies of the Ajax PROBUS Newsletter and social activity handouts. Assist disabled members to their seats, as required.
- Support/assist other Management Committee members in their roles, and help with special projects, as required.
- Shadow Management Committee Coordinators to learn the specifics of their portfolios, in order to move into a vacant position, if appropriate

Vice President

- Maximum term of office is one year, after which the President's position is taken over
- Attend monthly Management Committee meetings
- Assume duties of the President's office as necessary
- Support the President when and where necessary (e.g. special projects or requests which may arise)
- Act as one of the four signing officers for the Club, ensuring expenses are appropriate
- Greet and orient new members at General meetings; introduce them to other members and provide them with a copy of the Club newsletter and social activity handout. Assist disabled members to their seats as required.

Below are recipes from two of the Management Team:

Super Easy Key Lime Pie

(Gail Tays)



Ingredients:

- 1 can sweetened condensed milk
- 3 egg yolks
- 2 teaspoons key lime zest (I never put this in but it's part of the recipe)
- ½ cup key lime juice (I use regular lime juice if I can't find key lime)
- 1 – 9 inch graham cracker piecrust (or make your own with graham crumbs and some melted butter)
- 1 cup whipping cream
- 3 tablespoons icing sugar

Prep:

Preheat oven to 350 F.

Whisk together condensed milk and next 3 ingredients until well blended. Pour mix into pie crust.

Bake at 350 for 15 min or until pie is set. Cool completely and chill 1 hour before serving. Whip cream and add to top.



Pulled Pork Sauce:

(Shirlie Van Putten)



- 2 cups Brown Sugar
- 1 cup Apple Sauce
- ½ cup Ketchup
- 6 tbsp Lemon Juice
- ½ tsp of salt, pepper, garlic, & cinnamon

Combine ingredients in saucepan. Bring to a boil and let boil 2 minutes. Pour over cooked / shredded pork. This sauce is great for Ribs; Chicken; and Pulled Pork. It will store in fridge for up to 1 month. **ENJOY!!!**

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You come from dust and to dust you will return. That's why you shouldn't dust. It could be someone you know.

When one door closes and another door opens, you're probably in prison

For Sale. Parachute. Only used once, never opened, small stain

(Thanks to Dawn Thornton for these)

MEMBERSHIP

Normally, the PROBUS Club of Ajax would be collecting the 2020/2021 Membership Fee during the months of July and August. However, this year is far from normal, so at our Management meeting held on June 26, 2020 via ZOOM, a motion to **suspend membership fees until July, 2021** was passed, therefore, all 2019/2020 members are automatically members until July, 2021, when once again we will be asking you to renew your membership.

Our current membership count is 212. Once again we ask if you have changed your "**email, phone number or residence address**" you inform us via email to tom.rosebush@gmail.com or by phone to 437 981-6719. Stay safe until we can meet safely once again.



Tom, Membership Coordinator

SOME COVID UPDATES FROM PROBUS MEMBERS



**Congratulations
To Ajax PROBUS members
Josie & Colin**



Celebrating 60th Wedding Anniversary

Josie and Colin Behagg were married August 1st 1960 in a small town called Shirebrook, county Derbyshire, England. Then in 1964 they arrived in Canada and later in life moved to Ajax in 1985.



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Diamond Painting

(by John Clark)



Not to be outdone by my 12-year-old granddaughter who was doing a diamond painting, I decided I would try to do one. Having the time to attempt one was not a problem in these difficult times.

So, I searched on the Internet and found instructions on diamond painting and it looked easy, I found several sites that sold diamond painting kits and I ordered one. They are not expensive. The one I ordered cost \$30.00 and included all the paraphernalia you needed.

Diamond painting is like paint by numbers but instead it involves placing small coloured plastic pieces called “drills” onto a canvas with thousands of tiny coloured squares that make up the picture you ordered. Each “drill” is coded with a “drill” number or letter. The “drills” come in little packages that have the code on them. You find the package that matches the colour code on the canvas, pour the “drills” into a special tray provided and, using a pen-like applicator, pick the “drills” up one at a time and place them on the right spots on the canvas. The canvas is quite sticky and once you place the “drill” on its spot it does not fall off.

My canvas was 30 cm by 40 cm and using some simple mathematics I calculated that I had to place about 20,000 “drills” to complete the painting. Undaunted by this surprising number I started. A month and one-half later I finished and I am quite pleased with the result. I spent about 80 hours to complete the diamond painting. At first things go slowly but as time goes by you become more efficient and also more motivated to keep going.

I framed my diamond painting and it is now in a prominent place in my living room. Below is a photograph of my diamond painting. I am now thinking about doing another one. I suggest that you give it a try. I really found the process ultimately rewarding.



SOCIAL REPORT

PORTUGAL TOUR



Portugal's Algarve province, with its magnetic Moorish appeal has become a Mecca for snowbirds trying to escape the harsh reality of winter. It is also one of Europe's most picturesque and friendly holiday destinations. The Algarve is what most of us envision the Mediterranean to be. The whitewashed villages cascade into the sea. Cobblestoned streets are lined with outdoor cafes, bistros, wine bars, and markets full of fresh fruits and vegetables. The weather is wonderfully spring like and invigorating. Albufeira is the largest, liveliest, and most energetic of the resort towns that line southern Portugal's beautiful Algarve coastline. Albufeira provides stunning beaches, a glorious climate, (average 18 -23 in 2020) and a vast selection of restaurants.

Within the charming and historic streets of the "Old Town" there are over one hundred different restaurants and bars. There is so much to love about Albufeira, and this has transformed the once peaceful fishing village into the Algarve's most popular holiday destinations – that caters to the long-stay vacationers who just want to relax.

This Tour will be available in 2021 in February & March. For more information contact Shirlie at 905-619-8583 or shirlievanputten@rogers.com.

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All Interest Group gatherings are cancelled until further notice.

AJAX PROBUS INTEREST GROUPS

Interest Groups Coordinator: Nancy Hobart			
RODEO (Ladies Lunch)	Dawn Thornton	Dining Out	Carol Breen
Bridge	Harvey Brodhecker	Cribbage	Reg Lawrance
Golf	Marcia Everitt Durham West	Breakfast Club	Julie Mathewson
Euchre/Scrabble	Julie Mathewson	Book Club	Bernie Rosebush
Billiards	Don Vorhees Pickering PROBUS	Movie Club	Nancy Hobart
Walking Club	Ron Mitchell & Maureen McVarish		

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PROBUS RODEO GROUP

Hello Everyone, Just a reminder that for now RODEO Club is on hold. Hopefully in the not so distant future we will meet again on the third Wednesday of the month to enjoy a luncheon get-together.

Take care, Dawn



Below is a recipe from one of the ladies

Cranberry and Cream Cheese Roll-ups

(Jean Jackson)

1 tub cream cheese (227 gm)
3/4 cup chopped cranberries (I used the dried ones that you can buy at Bulk Barn.)
1/4 cup feta cheese (I used the crumbled feta that comes in a bag or a tub.)
1/4 cup green onion
2-4 tbsp. chopped walnuts

Combine well and spread on soft tortillas. Roll each tortilla and keep in fridge for about an hour before cutting.

The ones I used tonight were made from wheat flour with canola and palm oil. The brand was Casa Mendosa and I found them at Super Centre. There were 10 in a package and each was about 7" in diameter. I used four tortillas for the amount of cheese mixture I had. I didn't count how many I had when I had finished cutting them but I would guess at least four dozen.



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BREAKFAST CLUB

(Julie)



"When you wake up in the morning, Pooh," said Piglet at last, "what's the first thing you say to yourself?"

"What's for breakfast?" said Pooh. "What do you say, Piglet?"

"I say, I wonder what's going to happen exciting today?" said Piglet.

Pooh nodded thoughtfully. "It's the same thing," he said."

(A.A. Milne)

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EUCHRE AND SCRABBLE



JUMBLE

Unjumble the four words on the left. The circled letters in each of these answers become the jumbled letters to answer the cartoon clue.

RYOEF O O _ _ _

LVNEO O _ _ _ O

DYOMLE _ O _ O _ _

TPSRII _ O O _ _ _

ANSWER:

_ _ _ _ _ _ _ the _ _ _ _

(answers on last page)



PROBUS BOOK CLUB

The Book Club **usually** meets on the fourth Wednesday of each month at St. Paul's United Church, 65 King's Crescent, at 1:30 p.m.



During Covid19, of course, we are **not** meeting!!!

However, when normalcy returns we shall continue our very interesting discussions on chosen book titles.

Interested in reading, discussion, fun and fellowship, we welcome you to join our group. In the meantime, book suggestions you may wish to enjoy:

Book Suggestions:

"The Lewis Man" by Peter May (2nd novel in the trilogy)

"The Book of Lost Names" by Kristen Harmel (historical novel on a true story from W.W.II)

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A Little Bit of Humour:

*As part of healthy living, we are encouraged to include more fruits and vegetables in our diet.

Thank goodness for pumpkin pie, carrot cake and cherry cheese cake!

**Your secrets are safe with your friends as you get older, because they can't remember them either.

***The first computer dates back to Adam and Eve. It was an **"Apple"** with limited memory, just one byte; **then everything crashed!**

KEEP SMILING!! It may be your umbrella on life's rainy days.

For more information call or e-mail Bernie Rosebush at 905-426-1598 or bernie.rosebush@gmail.com

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Grist For The Mill (Submitted by Bernie Rosebush)

*The following is an "Acrostic" using the word **"PROBUS"**.*

What is an "acrostic"? It is a series of written lines or verses using the letters of a word or phrase to, in this case, give some indication of how we as PROBUS members may engage for a moment on how this word "PROBUS" may relate to the present situation, humorous or otherwise.

P is for **professional** and **polite**.

With professional politeness we wait and we wait

For normalcy once again to creep into place.

R is for **ring**, **roof** and **raise**.

Raise the roof and ring the bell for PROBUS meetings; do foretell!

Patience, patience is our guide; rules to follow and abide.

O is for **open** and **opinion**.

Let's keep our minds open to positive opinions.

B is for **busy**.

A good thing to do;

Less stress on the mind is a benefit, too.

U is for **up-side-down**; the world in a tizzy!

Baking of sorts may help keep you busy!

S is for **superior**; relates to a team.

Three cheers now for our **Management Team**;

They'll let us know details of what's coming our way,

And hopefully soon we'll be meeting one day!!!

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PROBUS WALKING GROUP

Maureen McVarish

If you want to enjoy the glorious colours of fall wildflowers, go for a hike at Glen Major Forest - 1469 Concession 6, Uxbridge, just about a half hour drive from Ajax. Here are some of our PROBUS walkers last September 25.



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PROBUS GOLF

An unbelievable event occurred. We had another hole in one at Hawthorne Valley Golf Course. It was made by Nikki Thompson on the eighth hole.

I have been playing golf for years at this course and never before has a PROBUS member got a hole in one and this year in two consecutive weeks there have been two.

Harvey Brodhecker



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IN GOLF, WHERE DID THE TERM 'CADDIE' COME FROM?

BECAUSE

When Mary Queen of Scots went to France as a young girl, Louis, King of France, learned that she loved the Scots game 'golf.' He had the first course outside of Scotland built for her enjoyment. To make sure she was properly chaperoned (and guarded) while she played, Louis hired cadets from a military school to accompany her.

Mary liked this a lot and when she returned to Scotland (not a very good idea in the long run), she took the practice with her. In French, the word cadet is pronounced 'ca-day' and the Scots changed it into caddie.

MOVIE CLUB



I am sorry to say that the movies are on hold for now.

Here is some information you may enjoy.

Did you know some of your favorite movies were made in Spain? Tabernas Desert, located in Andalusia Southern Spain

The desert resembles the landscape of Arizona. Hollywood came calling in the 1950s. Low budget movies were the order of the day Clint Eastwood spaghetti westerns were made there. You may have seen them: 'The good The bad and the Ugly'. Also 'Indiana Jones Last Crusade', 'Once Upon a Time in the West' to name a few.

Take care, Nancy

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BRIDGE AND COVID-19



NETFLIX AND COVID-19 No this is not a column about bridge.

I have received positive feedback regarding my posting in the August newsletter about good murder mysteries on Netflix. As you recall I recommended two British series entitled *Broadchurch* and *Line of Duty*. I also recommended two miniseries by author Harlan Coben called *Safe* and *The Five*. Well, I have found another excellent series called *Shetland*. This series involves murders on the remote Scottish island of Shetland. The first season consists of several of Ann Cleeves excellent mystery novels set on Shetland. The second and third season are based on her characters but not written by her. Not only does the series have an Ann Cleeves intriguing plots, but also the acting is superb, scenery breathtaking and music excellent. A must watch! Happy viewing!

Harvey Brodhecker

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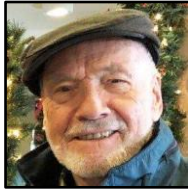


September 7th Labour Day



September 22, first day of Fall

CARL'S CORNER



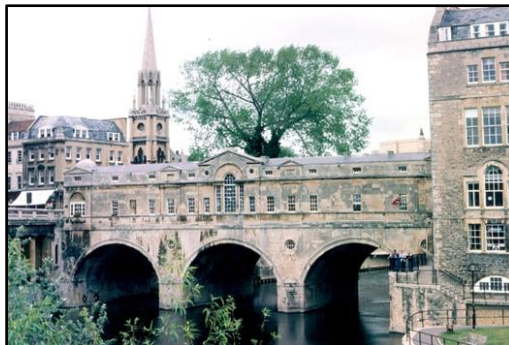
Carl Mabee
President (2013-2014)

Many people have told us that we must go and visit one of the best-preserved historical cities in Britain! In fact as it turns out it's a world historical site. It's in a beautiful valley and it's on the way to, or coming back from, a number of other sites like Stonehenge. We don't have time to visit all these places today so will concentrate on Bath. As an aside when we told English people we were going they ask for how long we said just for the day and they were stunned. No one drives that far for a day! It only took a few hours and we are so used to driving long distances. So we left early and stayed late. What a nice city, as you approach the town along the river there is an almost solid wall of Mews town homes called the Royal Crescents, centuries old and architecturally beautiful. As we drive we look up and realize we are nestled down under the Cotswold and Mendip hills. On the hillsides we can see working farms and historical structures everywhere.



The sun is shining so it adds to the feeling of wellbeing. Just being here is exciting. In the centre of town we park the car and walk around

looking like tourists. *Hey wait a minute we are tourists so it's okay to gawk!* And boy do we ever. We were drawn here to experience (first hand) the Roman Baths and so we decided to visit this site first have lunch in the restaurant on premise and then if time permits see the famous Pulteney Bridge. The buildings and the Baths are for the most part still the same as when the Romans first built them their engineering and applications of these ideas still stand the test of time. Used as a holiday escape from ruling all those wild Celts and crazy Picts, those wild Brits in later years used them for the very same reason! What irony! After a nice but expensive lunch we had a little time to walk across the Pulteney Bridge. The bridge was lined with shops from one end to the other. I don't know if a novelty factor prompted this idea or was it just to take advantage of some archaic tax loophole? In any event it's certainly a one off as far as I know. *We plan to come back and spend more time prowling through the town and its historic past.*



THE PULTENEY BRIDGE

A TRIP DOWN MEMORY LANE



August 16, 2015 – Thousand Island Boat Cruise



PROBUS Christmas Party, December 2017

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ATTENTION ALL AJAX PROBUS PET OWNERS

We'd like to do an article for the newsletter which would include pictures of pets and their owners. We would entitle it 'IS IT TRUE WHAT THEY SAY – THAT PETS LOOK LIKE THEIR OWNERS??'

We'd love it if you could send us a picture of your pet and its name, as well as a picture of yourself for the October newsletter. Please send them to:

probusnewseditor@gmail.com.

RECREATION CENTRE NEWS

Reopening News

We are excited to announce our first phase for the reopening of our fitness services! It is anticipated that the McLean Community Centre (Fitness & Health Centre and limited Group Fitness classes) and Squash Courts at the Ajax Community Centre will open the first week of October.

Ajax Seniors Centre Without Walls

September 2020 Programming Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
14 1:30 p.m. Worldly Wonders: Armchair Travel – Mexico	15 1:30 p.m. Challenge Accepted: Trivia – Geography	16 10 a.m. Information Highway: Guest Speaker – Amy Barron	17 1:30 p.m. Challenge Accepted: You Be the Judge	18 10 a.m. Information Highway: Short Stories by Durham Storytellers
21 1:30 p.m. Information Highway: Screen Time – Movies Based on a True Story	22 1:30 p.m. Worldly Wonders: Sports Chat	23 1:30 p.m. Information Highway: Biography of Robin Williams	24 1:30 p.m. Information Highway: Local History Talk	25 10 a.m. Fit or Fun: Fit – Exercise
28 1:30 p.m. Information Highway: Biography of Justin Trudeau	29 1:30 p.m. Fit or Fun: Fun – Table Topics	30 1:30 p.m. Information Highway: Guest Speaker – Tim Burrows		

Let's get connected

1. Dial 1-866-279-1594
2. Enter the 6-digit PASSCODE 401402 then press #
3. Record your name or just stay on the line then press #

OLDER ADULTS 55+ PROGRAMMING & EVENTS

LET'S DO LUNCH

Join community representatives who will share insights on topics affecting adults 55+

Have your lunch ready and join the conversation on ZOOM. To register visit ajax.ca/55plus. Participants will be emailed an access link to join the session.

October 21, 2020: Brian Moore of the Co-operators who will discuss retirement and provide information in the area of Estate Planning.

November 12, 2020: Constable Darryl Rice of the Durham Region Police Services, Crime Prevention Unit who will speak to scams, how they work and how to avoid them, new crime trends targeting Seniors and the Senior Support Unit.

December 3, 2020; Dr. Alisa Murli, ND will focus on nutritional needs and speak to cardiovascular disease and prevention, bone health, exercise and polypharmacy

ST. FRANCIS CENTRE

... Join Geri Hall and Gary Pearson on September 26th at 7:00pm for a virtual celebration of the line-up of shows as part of the St. Francis Centre's 10th Anniversary Season. Watch online at facebook.com/myajax or youtube.com/thetownofajax

... Enjoy live music from the comfort of your car with contemporary folk artists TWIN FLAMES on October 3rd at 7:00pm at the Audley Recreation Centre. Tickets are \$40.00 per car. For further information visit stfranciscentre.ca

VIRTUAL SPIRIT WALK

Join on line September 25th at 8:00pm and take a step back in time to discover Ajax's rich history and heritage. Information will be shared about Defence Industries Limited. There is no registration required. Tune in to facebook.com/myajax

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LIBRARY NEWS

All Library Branches: Main, Audley and McLean will reopen beginning on September 22nd from Tuesdays to Saturdays only: 9:30am to 7:00pm. Changes have been made to make visitors and staff safe. The following services will be offered:

Browsing, Borrowing, Computer Access and Study Space and Dropbox Returns.

For further information, call (905) 683-4000 or visit libraryinfo@ajaxlibrary.ca

LIBRARY'S SEPTEMBER NEWSLETTER

The Library's September Newsletter is available on the Library's Website
<https://ajaxlibrary.ca/?q=node/1438>

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Answers to Euchre Jumble Puzzle
foyer, novel, melody, spirit; top of the line

For information on other PROBUS Clubs in Canada go to www.probus.org. Our Ajax PROBUS website: www.ajaxprobus.com
Many thanks for those who sent in items for this issue.
Comments and items are appreciated including photos of Club events. Please send to probusnewseditor@gmail.com