



PROBUS CLUB OF AJAX NEWSLETTER

Club 82

Vol 26 Issue 5

May, 2023

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Thank you to the members who contributed to this issue.

Please send articles and photos of our events by the 25th of the month to Hetty Shapiro.
ajaxprobuseditor@gmail.com

Ajax PROBUS website:
www.ajaxprobus.com

Canada PROBUS website:
www.probus.org

See what's on in the
Town of Ajax:

<http://www.ajaxlibrary.ca/>



MESSAGE FROM THE PRESIDENT

Thanks to our members who invited friends, and the hard work of the Management Team, our Open House was a great success. We had a wonderful turnout and now have 12 new members.

The success of the Open House was the result of many volunteers. I would like to thank everyone who helped out at the event. I apologize if I forgot to mention anyone by name. I appreciate the effort everyone made to make the event run smoothly.

Judy Mitchell and **Nancy Hobart** were very busy serving coffee and tea, arranging the food and cutting the cake. **Barb Squires** stepped in to help **Bill Armour** register members. **Victoria Plaskett** sold our *Share-the Wealth* tickets. In spite of being ill, and not able to attend, **Margaret Wells** organized the House Committee members. **Tom Rosebush** did double duty setting up the AV equipment for the speaker and registering new members. **Hetty Shapiro** took photos and created the slide show. **Jim Meek**, **Bob Wilson** and **Bernie Rosebush** were kept busy welcoming guests. **Stephanie Freeman** and **Julie Mathewson** worked at the Social Events table, signing up people for trips and answering questions. **Shirlie VanPutten** organized all the information before going on vacation. Thank you, **April Gilkinson**, for booking our speaker, Neil Crone, who was very entertaining. Several of our Special Interest Coordinators, including **Harvey Brodhecker**, **Maureen McVarish** and **Sylvia Clark**, were available to answer questions. **Rowena Burns** was helping out where needed.

We were very fortunate to have **Brenda Andrews** attend to present the 25th Anniversary Certificate to **Wilma Brown**, **Anne MacInnis**, **Fred Pleasants** and **Karl Clarke**, founding members who were able to attend the meeting. Brenda's term as President of PROBUS Canada is almost finished and because District 2 has so many clubs, PROBUS Canada has re-arranged some districts. The PROBUS Club of Ajax will now be in District 9 and **Doug Byers** will be our new District Director.

There will be a sign-up sheet at the May meeting for "Acrobat – A Tribute to U2" at the St. Francis Centre on **Saturday, June 17 at 7 p.m.** The cost is \$38 but if we purchase 10 tickets or more, we will get a 10% discount.

Jane Wilson

OUR TEAM

MANAGEMENT

President	Jane Wilson	ajaxprobuspresident@gmail.com
Vice President	Jim Meek	jimtmeek@gmail.com
Past President	position vacant	
Treasurer	Rowena Burns	probusajaxtreasurer@gmail.com
Secretary	Bernie Rosebush	ajaxprobusecretary@gmail.com
Member-at-Large	Kevin Portener	kdportener@rogers.com
Member-at-Large	Terri Stewart	terri.stewart@sympatico.ca
Communications	Barb Squires	stunikki@gmail.com
House	Margaret Wells	ajaxprobushouse@gmail.com
Interest Groups	position vacant	
Membership	Tom Rosebush	ajaxprobusexplorer@gmail.com
Newsletter	Hetty Shapiro	ajaxprobuseditor@gmail.com
Social Events	Shirlie Van Putten	shirlievannputten@rogers.com
Speakers	April Gilkinson	april-ann@hotmail.com
Technical Support	Stewart Beatty	ajaxprobuzoom@gmail.com
Website	Maureen McVarish	maureenmcvarish@yahoo.ca

As a new Management Team will take over in September, we are looking for people to fill positions. At the moment, the club will need a **Vice-President** (Jim Meek will step into the President position), a **Special Interest Coordinator** and **Communications Coordinator** (the responsibilities of this position were formally carried out by the newsletter editor). **Barb Squires** has been our Communication Coordinator, keeping us all informed with e-blasts, but after several years on the Management Committee, Barb has decided to take a break. Descriptions of the positions for the Management Committee will be displayed at our May meeting. There will be a sign-up sheet for anyone who would like more information or are interested in joining the Management Team or be on a committee. Please let me know if you would like a copy of the job descriptions.

Jane Wilson ajaxprobuspresident@gmail.com

INTEREST GROUPS

Billiards	Don Vorhees (Pickering)	holdus1399@gmail.com
Breakfast	Julie Mathewson	jmathewson@rogers.com
Bridge	Harvey Brodhecker	hbrodhecker@yahoo.ca
Cribbage & Euchre	Julie Mathewson	jmathewson@rogers.com
Dining Out	Carol Breen	cbreen840@bell.net
Garden	Jane Armstrong & Sylvia Clark	armstrongjane@rogers.com
Golf	Marcia Everitt (Durham West)	marciaeveritt@yahoo.ca
Men's Lunch	Kevin Portener	kportener@gmail.com
RODEO (Ladies Lunch)	Dawn Thornton	dthorn000@gmail.com
Walking	Ron Mitchell & Maureen McVarish	mitchellmis@rogers.com
Zoom Chat Room	Stewart Beatty	maureenmcvarish@yahoo.ca
		ajaxprobuzoom@gmail.com

MAY CALENDAR

Wearing your name badges helps us recognize each other and makes photo identification a lot easier!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
		10 am GOLF — 1:30 pm CRIBBAGE	10 am MEETING — 2 pm GARDEN GROUP	10:00 am WALKING GROUP — 2:30 pm SOCIAL BRIDGE	1:00 pm ZOOM CHAT	
7	8	9	10	11	12	13
		10 am GOLF — 1:30 pm CRIBBAGE — 12 Noon BRIDGE YEAR-END CELEBRATION	12 noon RODEO LUNCH — 2:00 pm EUCHRE	10:00 am WALKING GROUP — 2:30 pm BRIDGE LESSON	1:00 pm ZOOM CHAT	
14	15	16	17	18	19	20
		10 am GOLF — 12 noon MEN'S LUNCH — 1:30 pm CRIBBAGE		10:00 am WALKING GROUP — 2:30 pm SOCIAL BRIDGE — 5:30 pm DINING OUT	1:00 pm ZOOM CHAT	
21	22	23	24	25	26	27
		10 am GOLF — 1:30 pm CRIBBAGE	2:00 pm EUCHRE	10:00 am WALKING GROUP — 2:30 pm BRIDGE LESSON	1:00 pm ZOOM CHAT	
28	29	30	31			
		9:00 am BREAKFAST — 10 am GOLF — 1:30 pm CRIBBAGE				

GENERAL MEETINGS

WEDNESDAY, MAY 3

10:00 am

Ajax Community Centre

HMS Ajax Room

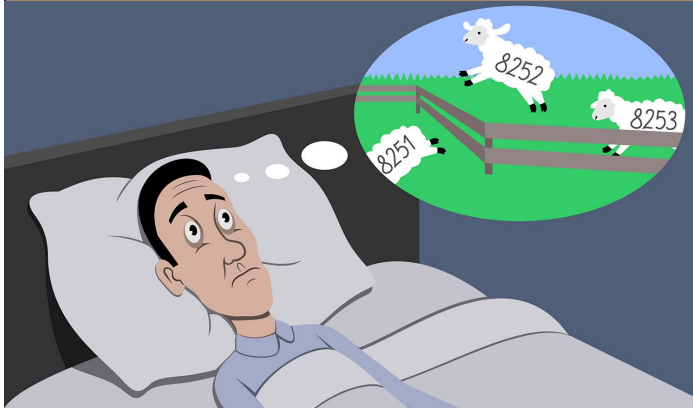
(entrance at south side of building)

Meeting fee: \$2

Optional "Share the Wealth" draw:

Tickets \$1 each or 3 for \$2

(exact change appreciated)



"COUNTING SHEEP"

with Guest Speaker: **Eve Smeltzer**

If you have difficulty falling asleep or staying asleep, this fascinating presentation is for you. **"Counting Sheep"** will be the topic of discussion by Eve Smeltzer. Her research shows how sleep differs across the animal kingdom and how choosing a good place to snooze can have an enormous impact on health.

YOU ARE INVITED TO JOIN US FOR LUNCH AT THE PORTLY PIPER PUB AFTER THE MEETING

WEDNESDAY, JUNE 7

10:00 am

Ajax Community Centre

HMS Ajax Room

(entrance at south side of building)

Meeting fee: \$2

Optional "Share the Wealth" draw:

Tickets \$1 each or 3 for \$2

(exact change appreciated)

GUEST SPEAKER
JEREMY BERTRAND
BACK BY POPULAR DEMAND!



Jeremy makes his topics fun and interesting. You've learned how you can benefit from income tax credits: now you have the opportunity to better understand Ontario's Estate Administration Tax. You will learn:

- ◆ **Whether Estate Administration Tax could be payable on the value of your estate;**
- ◆ **What assets to include and exclude in the value of the estate;**
- ◆ **How to calculate and pay the tax owed, and**
- ◆ **How to file an Estate Information Return.**

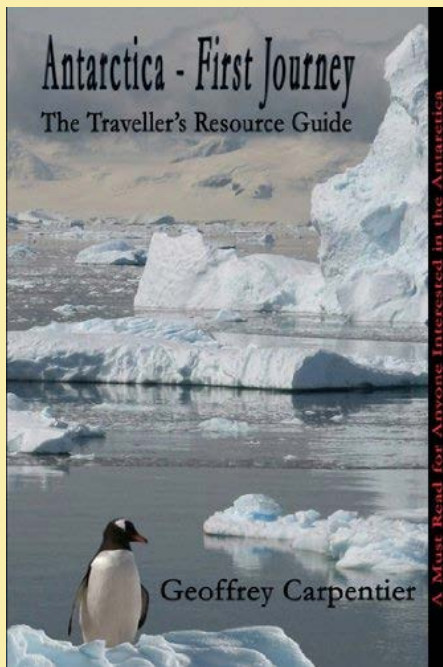
Jeremy Bertrand is Senior Program Advisory Specialist at the Ministry of Finance: Advisory, Objections, Appeals & Services Branch - Public Education, Program Communication & Outreach Unit.

YOU ARE INVITED TO JOIN US FOR LUNCH AT THE PORTLY PIPER PUB AFTER THE MEETING

GENERAL MEETINGS *continued*

WEDNESDAY, JULY 5
10:00 am
Ajax Community Centre
HMS Ajax Room
(entrance at south side of building)

Meeting fee: \$2
Optional "Share the Wealth" draw:
Tickets \$1 each or 3 for \$2
(exact change appreciated)



JOURNEY TO ANTARCTICA with Guest Speaker: **Geoff Carpentier**

A published author, ecotour guide and environmental consultant, Geoff Carpentier will take us on an amazing journey through the SubAntarctic and Antarctic regions he knows so well.

Follow the paths of explorers; learn about the climate; the incredible science that takes place at the research stations, and enjoy the amazing antics of the wild creatures of Antarctica.

Geoff's latest book - "Antarctica - First Journey" is a complete traveller's guide to Antarctica. It includes information on planning the trip; packing; where you will go; what you will see; the history and sites to visit; ice and snow morphology; superstitions; mammals; plants, and birds.

Geoff has lived in Durham Region since the early 1990s. He has served as a member of the Durham, Ajax and Scugog Environmental Advisory Committees. He is also a former member of the Lakeridge Citizens for Clean Water and is a current technical advisor to the Lake Scugog Stewards.

Geoff Carpentier is a proud recipient of the Queen's Platinum Jubilee Medal for his service to the Durham community and to Canada.

YOU ARE INVITED TO JOIN US FOR LUNCH AT THE PORTLY PIPER PUB AFTER THE MEETING

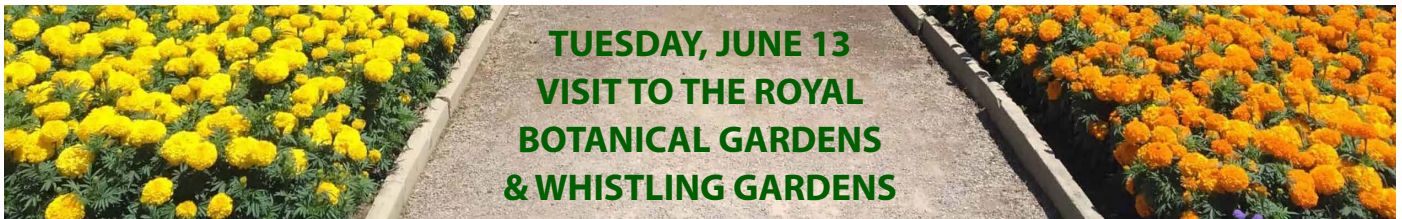


WEDNESDAY, MAY 17 "RENT" AT THE FESTIVAL THEATRE, STRATFORD

Set in Manhattan in the 1990s and inspired by Puccini's opera *La Bohème*, this rock musical by Jonathan Larson follows a group of young East Village artists, performers and philosophers as they struggle through the hardships of poverty, societal discord and the AIDS epidemic in the search for life, love and art. With a song list that includes the iconic "Seasons of Love," *Rent* tells a story as relevant today as when it took Broadway by storm more than 25 years ago.

**\$184 per person includes: Return transportation by coach, Orchestra level ticket,
Lunch at Queen's Inn & driver's tip & 407 toll**

shirlievanputten@rogers.com 905-619-8583



TUESDAY, JUNE 13 VISIT TO THE ROYAL BOTANICAL GARDENS & WHISTLING GARDENS

The Royal Botanical Gardens is the largest botanical gardens in Canada. Located at the western tip of Lake Ontario, there are four distinct formal gardens contained within 1100 hectares of nature reserve. Nestled into the slopes of the Niagara Escarpment, the ever-changing seasons, blooms, and natural phenomenon make each visit a new experience. Explore and enjoy the many historical plant collections.

**\$126 per person includes: Return transportation by coach,
Guided tour of both Gardens, Driver's tip & 407 toll
Lunch is not included. Please pack a lunch to enjoy in the beautiful Gardens.**

shirlievanputten@rogers.com 905-619-8583





Award-winning Canadian author, Louise Penny, has captivated the world with her compelling mystery novels set primarily in the Eastern Townships of Quebec. Her wildly popular books from the Three Pines series have consistently topped the New York Times bestseller lists.



JUNE 7 - 10: LOUISE PENNY & THE THREE PINES TOUR

HNA's special four-day excursion will explore the epic sites that created the backdrop to Louise Penny's captivating novels.

We will visit many sites that are cherished parts of the fabric woven in Louise Penny's novels, including the Victorian village of Knowlton – the direct inspiration for Penny's fictional village of Three Pines – with stops at Brome Lake Books and the Brome County Historical Society Museum where Jane's painting from Still Life is on display; Abbaye de Saint-Benoît-du-Lac (the inspiration for Saint-Gilbert-Entre-les-Loups Abbey in A Beautiful Mystery), old Hadley House, and of course, Sarah's Boulangerie. Join us as we uncover the important settings that make Penny's novels so endearing and the secrets behind them!

**Package: \$1,309.67 inclusive per person/double occupancy
\$1,987.67 inclusive per person/single occupancy**

Package includes:

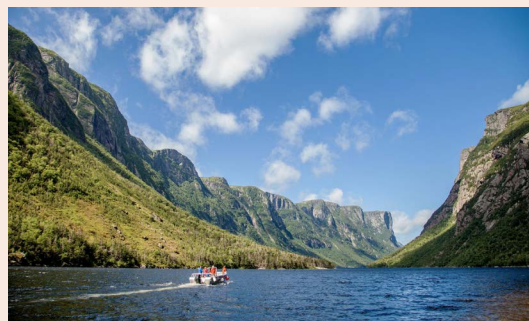
- ♦ Return coach transportation.
- ♦ Three night's accommodation at the Domaine Chateau Bromont.
- ♦ Admission to all attractions stated in the itinerary.
- ♦ Three breakfasts; two lunches; one dinner (Welcome dinner).
- ♦ Two full days of Sharman – a Louise Penny Guide specialist.
- ♦ Services of an HNA Travels Tour Director.

shirlievanputten@rogers.com 905-619-8583

NEWFOUNDLAND: July 14 – 24, 2023

Cost: \$4,419 + hst (double) / \$5,629 + hst (single) includes:

- ◆ Roundtrip airfare from Toronto to Deer Lake, Nfld
- ◆ 10 nights' accommodations in Newfoundland
- ◆ Breakfast daily; 2 dinners; 4 lunches
- ◆ Sightseeing in Gros Morne National Park
- ◆ Boat Cruise of Bonne Bay
- ◆ Tour of Port au Choix National Historic Site
- ◆ Tour of L'Anse aux Meadows
- ◆ Tour of Sir Wilfred Grenfell Mission
(provided first medical services in Labrador & Nfld)
- ◆ Visit to Twillingate
- ◆ Visit to Trinity & Bonavista
- ◆ City Tour of St. John's
- ◆ Visit to Bay Bulls with boat cruise
- ◆ Tour of Cape Spear National Historic Park
- ◆ Services of an HNA Travels Director



**For detailed Itinerary and more information contact Shirlye:
905-619-8583 or shirlye@hnatravels.com
Tours organized by HNA Travels – 877-672-3030 – Tico #50017223**



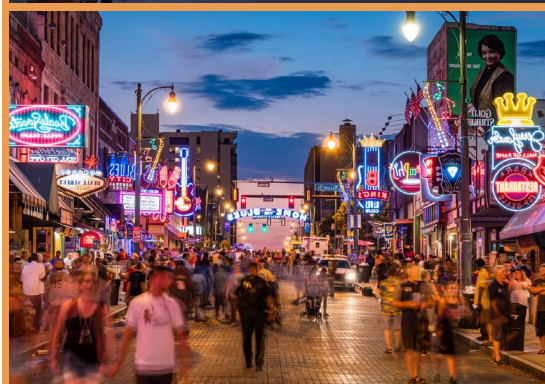
NEW ORLEANS: SEPTEMBER 3 - 8

\$2,699 includes:

- ◆ City orientation tour
- ◆ Tour & lunch at the Houmas Plantation
- ◆ Bayou Swamp Tour

Your five-night stay in New Orleans is at the Drury Inn located in the historic Cumberland Phone Building just one block from the St. Charles trolley.

Contact Shirlye for more information
shirlye@hnatravels.com



THE KING MEETS COUNTRY!

MUSICAL EXTRAVAGANZA TOUR

From Blues to Rock 'n' Roll to Country!

NOVEMBER 16 - 23, 2023

EIGHT DAYS, SEVEN NIGHTS

**COST: \$3,700 per person double occupancy
(\$5,200 single) Same price as 2022**

**A non-refundable deposit of \$600 is due upon booking.
Balance due September 10, 2023.**

Cost includes:

- ◆ Direct round-trip flight Toronto/Nashville.
- ◆ 3 nights in downtown Memphis.
- ◆ 4 nights in downtown Nashville.
- ◆ Breakfast daily.
- ◆ Tours include: Graceland; Country Music Hall of Fame; Grand Ole Opry performance; Memphis Rock 'n' Soul Museum; Memphis Music Hall of Fame, and Loretta Lynn Ranch.
- ◆ Transfers from airport to hotel.
- ◆ Coach transportation during tours.
- ◆ Services of an HNA Travels Tour Director.

Contact Shirlie for more information.

shirlie@hnatravels.com 905.619.8583

or 1.866.372.3030

INTEREST GROUPS

BREAKFAST

We meet on the last Tuesday of every month at various restaurants.

TUESDAY, MAY 30 - 9:00 AM

THE SOUTH LAKE GRILL
955 Westney Road South
(at the corner of Harwood and Westney)

RSVP: Julie Mathewson
jmathewson@rogers.com 905-686-0803



BRIDGE

- MAY 4: Social Bridge
- MAY 11: Bridge Lesson Overcalls
- MAY 18: Social Bridge
- MAY 25: Bridge Lesson - Review

2:30 - 4:30 pm
ROTARY ROOM, AJAX LIBRARY
55 Harwood Ave. South

MAY 9 at Noon - Marathon Bridge Year-End Celebration at MANDARIN RESTAURANT.
Come and get your prizes for competing.

RSVP: Harvey Brodhecker hbrodhecker@yahoo.ca



CRIBBAGE & EUCHRE

CRIBBAGE: EVERY TUESDAY 1:30 - 4:00 pm
EUCHRE: WEDNESDAY May 10 & May 24 - 2:00 - 4:00 pm

PICKERING VILLAGE SENIOR CENTRE, 29 Linton Avenue
*One block north of Kingston Road & one block west of Church Street.
(next door to the Ajax Creative Arts Club)*

The Senior Centre requires club membership of \$15/year which includes full access to their other activities and programs. There is also a \$1 activity fee each time you play to cover tea/coffee and cookies.

Contact Julie: jmathewson@rogers.com 905-686-0803



DINING OUT

Every 3rd Thursday of the month.

THURSDAY, MAY 18 - 5.30 PM

SYMPOSIUM CAFE

338 Rossland Rd East
(at Salem and Rosslyn Rd)

RSVP by May 16 to Carol Breen cbreen840@bell.net



GARDEN

WEDNESDAY, MAY 3 - 2:00 PM

AJAX LIBRARY, MAIN BRANCH
55 Harwood Ave. S.

Master Gardener **Ken Brown** will be giving a talk on
Container Gardening with Flowers & Vegetables
Free admission. Advance registration required.

[Click here to register](#)

Jane Armstrong armstrongjane@rogers.com
Sylvia Clark travelsylvia52@gmail.com



GOLF

9-HOLE GOLF (walking only)
EVERY TUESDAY - Tee Time starts at 10:00 am
(Try to arrive 30 minutes before)

HAWTHORNE VALLEY
3470 Salem Road, Pickering

Reservations to Hawthorne Valley up to a week ahead:
905-686.2028

Let me know if you would like to join us.
Marcia Everitt (Durham West) marciaeveritt@yahoo.ca



MEN'S LUNCH

Every 3rd Tuesday of the month

TUESDAY, MAY 16 - 12 Noon

MACKENZIE'S PUB & RESTAURANT

250 Bayly St. West, Ajax

RSVP: Kevin Portener kportener@gmail.com



"RODEO" LADIES LUNCH

(Retired Old Dames Eating Out)

Every 2nd Wednesday of the month

WEDNESDAY, MAY 10 - 12 Noon

CLOUD NINE BAR & GRILL

368 Bayly St. West. (corner of Westney and Bayly)

If you would like to join us, please let me know by
Saturday, May 6th.

RSVP: Dawn dthorn000@gmail.com or 289 989 0641



WALKING GROUP

Come join us and discover some of the many
walking trails in Ajax and surrounding areas.

EVERY THURSDAY - 10:00 AM

For more information contact:

Ron Mitchell mitchellmis@rogers.com
or Maureen McVarish maureenmcvarish@yahoo.ca



ZOOM CHAT ROOM

EVERY FRIDAY - 1:00 PM

All members are welcome to join us for a discussion on general topics of interest.

To join the Zoom Chat contact:

Stewart Beatty ajaxprobuszoom@gmail.com
or Barb Squires ajaxprobus@gmail.com

**BEFORE THE
ZOOM CALL**



**ON THE
ZOOM CALL**



PROPOSED AMENDMENT TO PROBUS CLUB OF AJAX BY-LAWS

Current By-law 3: MANAGEMENT

The Club shall be managed by a Management Committee consisting of a President, Vice-President, Immediate Past President, Secretary, Treasurer, Social Coordinator, House Coordinator, Membership Coordinator, Speakers Coordinator, Newsletter Editor, Interest Groups Coordinator, Webmaster, Technical Coordinator and 1-2 Member(s)-at-Large. Composition of the Management Committee may change from time to time according to current needs of the Club.

The amendment will add the Communications Coordinator position to the Management Committee, as follows:

Proposed Amendment to By-law 3: MANAGEMENT

The Club shall be managed by a Management Committee consisting of a President, Vice-President, Immediate Past President, Secretary, Treasurer, Social Coordinator, House Coordinator, Membership Coordinator, Speakers Coordinator, Newsletter Editor, Interest Groups Coordinator, Webmaster, Technical Coordinator, **Communications Coordinator** and 1-2 Member(s)-at-Large. Composition of the Management Committee may change from time to time according to current needs of the Club.

MEMBERS' CORNER



At our Open House General Meeting on April 5th, we welcomed the following new members pictured with President, Jane Wilson (front centre). I-r: Judy St. Germain, Karen Strong, Frank Cooper, Gillian Minshall and Jill Mason. New members who were not available for the photo: Gail Roberts, Ron Strong and Tom Stewart.

In addition, 10 new members joined at the meeting and another two joined since then: Angela Cameron, Debbie and Gregory Casquenette, Ted Hnatiuk, Cecelia Kearns, Liz Lemesurier, Linda Lomas, Walter MacEwen, Jennifer Rice, Fran Sancroft, Ann Tyas and Heike Vezina. A warm welcome to all!

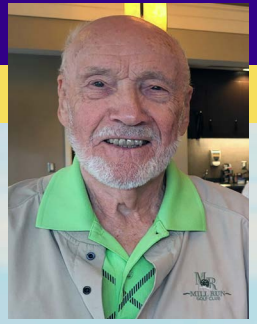
Tom Rosebush, Membership Coordinator

Lakeridge Dixie Stompers

If you are planning to go on the Probus New Orleans trip, here is your opportunity to get in the groove early. The Lakeridge Dixie Stompers will be playing authentic happy New Orleans music featuring a gumbo of Blues, Marches, Ragtime, Hymns, Country & Western and Gospel on:

SUNDAY, MAY 7TH
CLOUD NINE BAR & GRILL
368 BAYLY ST. WEST, AJAX
FROM 4:00 PM TO 6:30PM

THERE IS NO CHARGE TO SIT AND ENJOY THE MUSIC



Carl G. Mabee

TWILIGHT

The pale moon is rising
over the grove of trees
and one can feel the wafting
from a lovely summer breeze.

The early eve is falling,
with a quiet eerie hush
and sundown casts a pleasant glow
and shows a gentle blush.

The sky is streaked with scarlet;
with deepening purple hues.
The clouds have almost disappeared
along with daytime blues.

The cattle now are lowing.
It's time to go to bed
and little birds and creatures
have gone to ground instead.

Twilight belongs to night hawks
and tiny hungry bats.
They flit around the evening sky,
eating moths and flying gnats.

Looking skyward one can see
an early evening star,
and a jet plane is quite visible,
as it hurries to afar.

In the stillness of the evening
we hear the rumble of a train
and its eerie sounding whistle
re-echoes once again.

The dew is quickly falling and
it's wet upon our face,
so we must go inside now
and leave this lovely place.

Nighttime creeps across this land
and darkness shrouds us all.
One thing is for certain;
tomorrow will make its call.

Then dawn will make its showing
to start another day
'till twilight completes the circle
and stillness comes to stay.

NEPHTON MINE

On April 1, I joined my OFO group (Ontario Field Ornithologists) on an outing at the Nephton Mine site, about 60 kilometres northeast of Peterborough. The mine is closed to the public but we not only had permission to enter, the Mine provided a bus, driver and two guides to escort our group.

Apparently, the cliffs are a great site for hawk watching but when we arrived we couldn't see more than 100 feet ahead, though we could hear some birds through the thick fog that unfortunately enveloped the landscape. Then, at one point, the fog cleared completely, the sun burned through and we could suddenly see for miles over the old mines and valleys.

Several raptors gave us a show, darting and gliding across the valley, many turkey vultures tilting and hovering with the currents and the ravens free falling with the breezes down into the valley below.

After we were happy with our sitings, we had a tour around the outside of the mine by our guides. Nepheline is what is mined here. It is an "inert igneous rock, formed out of molten magma. Similar to granite... ' It is used in glass and ceramics and tile manufacturing, and it is what gives paint its sheen, and glass and ceramics it's sparkle. If you would like to learn more about the mine and its products, here is their website - <https://canadiannepheline.ca/index.php>



Maureen McVarish





TANGY LEMON BARS



- 3 cups all-purpose flour, divided into (2½ cups for crust and ½ cup for filling)
- ⅔ cups powdered sugar for the shortbread, plus some for dusting
- ½ tsp salt
- ½ cup + 2 tbsp unsalted butter melted
- Zest of 3 lemons
- 3 cups sugar (seems like a lot of sugar but bars will be quite tart)
- 8 large eggs at room temperature
- 1 cup freshly-squeezed lemon juice

1. Heat oven to 350F and line a 9 x13 baking dish with parchment paper.
2. Whisk together 2½ cups of flour with the powdered sugar and salt, then pour in the melted butter and mix until combined.
3. Place the dough into the lined pan and press down into a flat layer.
4. Bake at 350F for about 20 minutes or until light golden.
5. While the crust is baking, add the sugar to a food processor and add the zest of three lemons.
6. Pulse until the zest is fully incorporated and sugar is a light yellow colour.
7. Add the sugar and remaining half cup of flour to a large bowl and mix well.
8. Pour in the lemon juice and add the eggs then mix well until completely combined.
9. Pour the filling onto the warm crust and bake for 25 minutes, turning halfway.
10. Remove from oven and allow to cool for an hour before chilling in the refrigerator for two hours.
11. Dust with powdered sugar & cut into bars using a sharp, damp knife. Clean & re-wet the knife after each cut.

If the bars seem not quite done when you take them from the oven, don't worry, they will continue to set as they cool. They can be stored in the fridge or freezer in a sealed container.

CHOCOLATE MARSHMALLOWS



- 2 pkgs chocolate chips or equal amount of your favourite chocolate bar
- 1 cup almond or peanut butter
- 4 tablespoons butter
- 1 teaspoon vanilla extract
- ¼ teaspoon salt
- Bag (400g) mini marshmallows

1. Line an 8"x8" baking pan with parchment paper and grease with butter or coconut oil.
2. In a large microwave safe bowl melt chocolate, almond or peanut butter and butter together, in 30-second increments, stirring in between (this should take 90 seconds total).
3. Add the vanilla and salt then let cool for 10 minutes (to avoid melting the marshmallows).
4. Add in the marshmallows to the semi-cooled chocolate mixture and coat well.
5. Spread the mixture into the pan (or small candy cups) and refrigerate for at least an hour before serving.



Life is a moderately good play with a badly written third act. - Truman Capote

*If my doctor told me I had only six months to live, I wouldn't brood.
I'd type faster. - Isaac Asimov*

Life is far too important a thing to ever talk seriously about. - Oscar Wilde

When I was a boy the Dead Sea was only sick. - George Burns

*Nothing takes the sting out of these tough economic times like watching
a bunch of multi-millionaires giving golden statues to each other. - Billy Crystal*

The first sign of maturity is the discovery that the volume knob also turns to the left.

The only time I live life in the fast lane is when I have eight items or less!

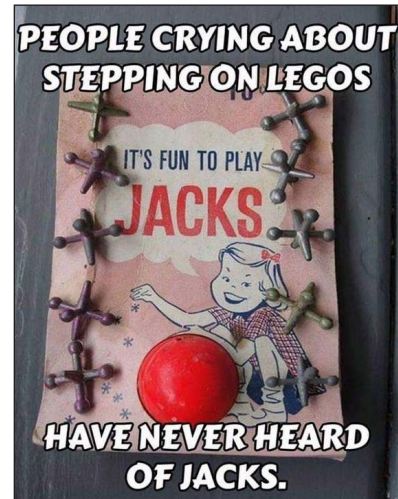
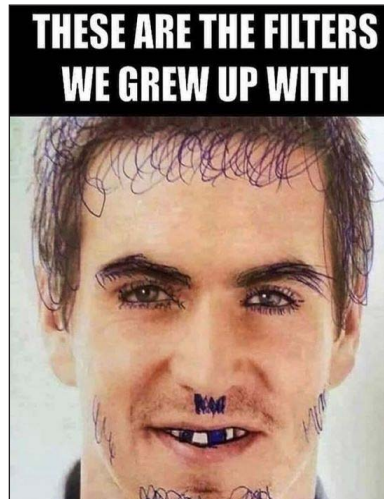
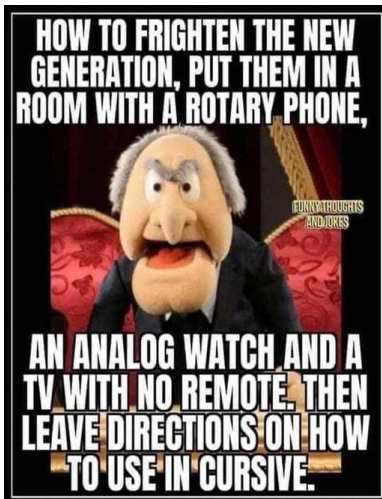
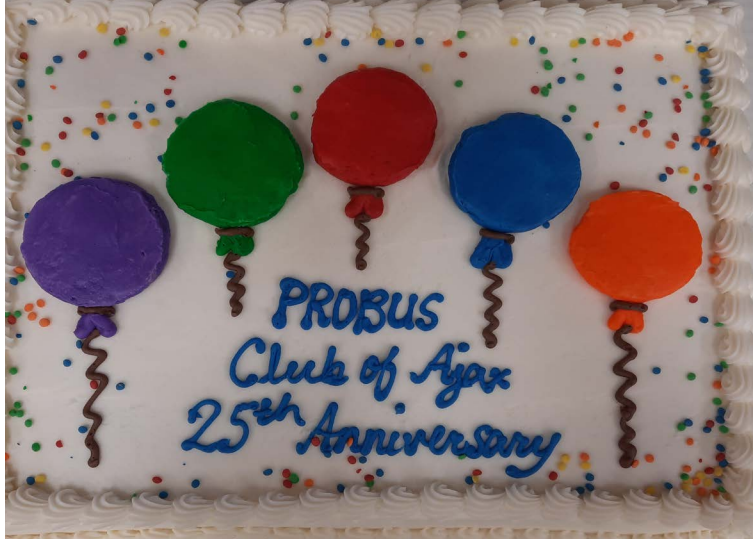


PHOTO GALLERY

APRIL 5 - OPEN HOUSE GENERAL MEETING



Brenda Andrews



Jim Meek



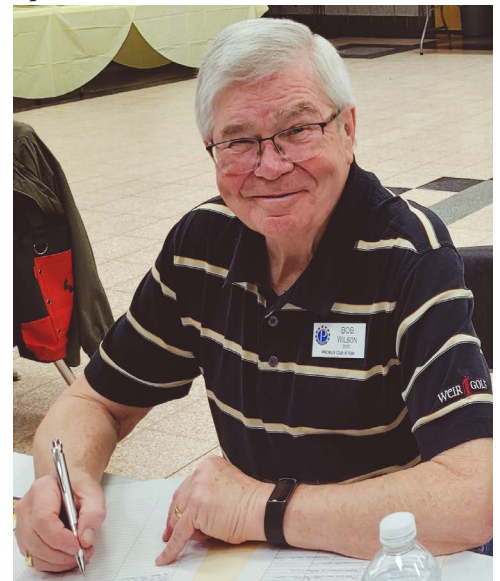
April Gilkinson



Barb Squires



Bill Armour



Bob Wilson

PHOTO GALLERY continued



PHOTO GALLERY continued



PHOTO GALLERY continued

