



PROBUS CLUB OF AJAX MONTHLY NEWSLETTER

PROBUS Club of Ajax, Club #82 Ajax, Ontario

Vol 25 Issue 9

September 7th, 2022

The September 7th meeting will be in person at the Ajax Community Centre

The \$2 meeting fee has been re-instated. We have also brought back the “Share the Wealth” draw. Tickets are \$1 each or 3 for \$2. Please try to have the exact amount in change.

PRESIDENT’S MESSAGE

Sure signs that the summer is coming to an end are the CNE, day light hours getting shorter, evenings getting cooler and school starting back. It has gone by all too quickly. I would like to thank Rowena Burns for chairing the August meeting when I was not able to be there. Thank you to all those who attended the meeting. Hopefully more members will return to in-person meetings this fall. There was a false alarm at the August meeting when a purse went missing. Thankfully it turned out well this time, but I remind everyone to be vigilant with their belongings. There has been a theft once in the past.



On a more positive note, we are going to return to going for lunch at the Portly Piper after the meeting. At the meeting, I will ask for a ‘show of hands” for anyone wanting to go to lunch and let Portly Piper know how many people to expect.

September is our Annual General Meeting when the Management Committee positions are turned over to the 2022-2023 team. I will continue on as President. I am grateful that the following members of the Committee have agreed to remain in their positions – Rowena Burns (Treasurer), Bernie Rosebush (Secretary), Shirlie Van Putten (Social), Tom Rosebush (Membership), Margaret Wells (House), Maureen McVarish (Website) and Stewart Beatty (Technical Co-ordinator). Barb Squires, who has done a wonderful job as newsletter editor for six years, will stay on the committee in a new position (Communications). Thank you to Hetty Shapiro who has volunteered to do the Newsletter. We welcome Terri Stewart and Kevin Portener as members-at-large. Victoria Plaskett, who has been a fabulous Speaker Co-ordinator, and Ray Smith, a member-at-large who is always willing to share ideas and jump in to help, are leaving their positions. Their contribution to the club is very much appreciated. The positions that are still vacant are Vice-President, Speaker Co-ordinator (Victoria has speakers in place until February) and Special Interest Group Co-ordinator. I know people are reluctant to get involved, but clubs like ours do not function without volunteers. I would be happy to send you job descriptions of the positions if you are interested.

ajaxprobuspresident@gmail.com

Our membership numbers have decreased during the pandemic, so we are looking for new members. Please encourage friends and family to attend a meeting as a guest (proof of vaccination is required). The name of all members who bring a new member between September and December, will have their name entered into a draw.

Jane Wilson

AUGUST 3RD MEETING



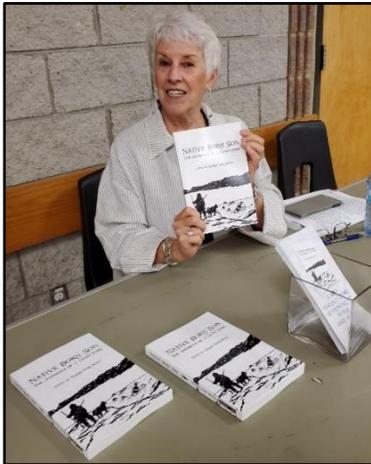
Rowena & Tom with new members, Susie, Joyce & Hetty



Membership Table



Our Speaker Marnie Bickle



Marnie with her book 'Native Born Son'



Selling Books

(photos courtesy of Victoria Plaskett)

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COVID-19 PROTOCOL (Revised June 17, 2022)

PROBUS CLUB OF AJAX

It was decided at the June 2022 Management Team Meeting that we will continue to require Proof of Vaccination for in-person activities. Once you show your proof of vaccination at the first in-person meeting you attend, you will not have to show it again. **It will be up to each member if they choose to wear a mask or not.** A detailed Protocol is on our website at www.ajaxprobus.com.

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MEMBERSHIP

Just a quick reminder that our membership fees have increased for the 2022/2023 year to \$35.00 and are now due. The new member initiation fee remains at \$30.00.

Our preferred method of payment is by cheque, but cash is always acceptable and if you wish payment can be made via an e-Transfer. If making a renewal via e-Transfer make sure to indicate that the deposit is for "Membership Renewal".

You can also pay by mailing a cheque to me – (no cash in the mail please).

My address is:
1612 – 44 Falby Court
Ajax ON L1S 3L1

If your personal information has changed in any way over the past year, now is a great time to let us know as you renew your membership.

Tom Rosebush, Membership Coordinator 437 981-6719 or tom.rosebush@gmail.com.



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FROM THE PROBUS TREASURER

How to Make an e-Transfer to Ajax PROBUS

You may now pay for memberships and social events by e-Transfer. Please follow the procedure exactly. Each bank has a slightly different system; however, the steps are the same, but may be in a different order.

- 1) Sign into online banking
- 2) Select Interact e-Transfer
- 3) Select "Send Money" or whatever name your bank calls it
- 4) Select the bank account from which you are sending money
- 5) In the Amount field, enter the amount you are sending
- 6) Enter the recipient: (each bank is slightly different in the way this works)

- Select: Enter New Recipient

- add the name PROBUS Club of Ajax

- enter the email address: probusajxtreasurer@gmail.com

- double check to make sure the email address is exactly as above!!!

7) **In the Comments box you MUST enter**

*Your name (and other names if it is for more than one person)

* What the money is for

If you do not put anything in the comments, we will have no idea why you are sending the money!

8) Double check everything is correct, especially the email address!

9) Go to next step – Review and Finish Transaction.

10) Ajax Probus is using the safest method of e-Transfer which is Autodeposit. Once you hit send, the money will go directly to our account, and cannot be intercepted. (Passwords are not used in this method)

Last but not least: Notify the Membership Coordinator, or Social Coordinator that you have paid by e-Transfer.

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PROBUS SPEAKERS



September 7th – Barbara Dickson

Historian & Author- "**Bomb Girls: From Aprons to Ammo.**"

Speaker Introduction:

"Bomb Girls: Trading Aprons for Ammo" is a comprehensive, historical record of Canada's biggest WWII munitions plant ("GECO") employing over 21,000 citizens, predominantly women, who courageously worked with high explosives around the clock over its four-year history.

Her book offers a unique, intimate, and extraordinary glimpse into the lives and hearts of these dedicated Canadians. In-person interviews with the women who risked their lives every time they stepped onto the "clean side" of the plant lend a personal, distinctive perspective to the book.

Their stories reveal tenacity, dedication, patriotism, and resolve in a time when the concept of women working outside the home was a cultural anomaly. Bomb Girls captures, in a dramatic way, the dangerous work these brave young women performed. It's imperative to pass along their enduring legacy to the generations to come

Barbara will also highlight the important role of D.I.L. (Defense Industries Limited) in Ajax.

Speaker Bio:

Barbara Dickson is a sought-after award-winning public speaker, historian, documentary film producer and writer who has entertained, educated, and enlightened audiences for twenty-five years.

Vision

Barbara strives to educate Canadians about the phenomenal work carried out by women across the nation whose invaluable contribution helped win the Second World War. She is committed to ensuring that Canada's bomb girls are honoured and commemorated by fellow Canadians including all levels of government. Her legacy project is to found a museum on the old GECO site where the public can come learn, appreciate, and remember the critical sacrifice women made for their country so long ago.

Milestones

- Two Scarborough streets commemorating GECO and Canada's bomb girls named in 2020;
- Release of ***Bomb Girls: A Documentary***, Bell Media, 2017, and short-listed for the Annie Potts award at the prestigious 2018 Imperial War Museum's Film Festival.
- Release of ***Bomb Girls: Trading Aprons for Ammo***, Dundurn Press, 2015; 2016 Finalist of Ontario Legislature's Book Award;

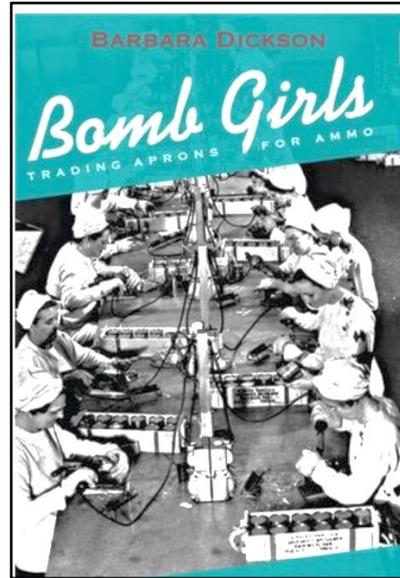
Hosted televised tour of GECO's Scarborough tunnel system for CTV News, June, 2012.

September 7th Speaker– Barbara Dickson

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Barbara Dickson



- "Bomb Girls: From Aprons to Ammo."

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OCTOBER 5 – Dr. Kenneth Shonk-“Humour & Wellness”

EDUCATION:

Dr. Kenneth Shonk graduated from University of Western Ontario in 1970 and had a full-time family practice until his retirement in October of 2007.

He received his certificate in Family Practice in 1979. He received an Honorary Fellowship in College of Family Practice in 1993

INTERESTS:

Dr. Shonk has a special interest in Pediatrics and Palliative care. He attended seven international conferences on “Laughter and Play” between 1986 and 2008. He has completed over 900 speaking engagements in the last 15 years, including everything from one half hour talks to half-day seminars for 50 to 2000 people at a time. He concentrates on the history, physiology, biochemistry, classification, evolution, concepts, and uses of humour in medicine. He highlights the application and use of humour in stress management, relationships, parenting and the aging process. He will show us how to bring more humour into our lives to make them a tad more bearable. All of this will be liberally sprinkled with lousy jokes that have been referred to as a “mirthful message” or a “chuckles checkup”.

PERSONAL:

Dr. Shonk has been married for 54 years to the same wonderful woman, with three married children, and nine grandchildren. His past interests include basketball, hockey and slow-pitch baseball, while present interests include canoeing and camping and white-water canoeing (including a couple of high Arctic trips).

“There ain’t much fun in medicine but there is a lot of medicine in fun!”

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Dr. Kenneth Shonk

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AJAX PROBUS INTEREST GROUPS

RODEO (Ladies Lunch)	Dawn Thornton	Dining Out	Carol Breen
Bridge	Harvey Brodhecker	Cribbage	Reg Lawrance
Golf	Marcia Everitt Durham West	Breakfast Club	Julie Mathewson
Euchre	Julie Mathewson	Book Club	Jane Armstrong
Billiards	Don Vorhees Pickering PROBUS	Movie Club	
Walking Club	Ron Mitchell & Maureen McVarish		

Use Ctrl Click for links throughout the newsletter

In-Person Activity Guideline

As we begin to resume in-person activities, we would like to remind our members that there is always a possible risk involved when socializing. Your personal decision to participate in any PROBUS in-person activity should be made knowing you are taking full responsibility for that decision. The PROBUS Club of Ajax cannot be deemed responsible for the decision of individual members. Your own personal health and safety should be your first concern. For everyone's safety, participating in a PROBUS Club of Ajax in-person activity will require you to be fully vaccinated and follow all Health Department and Provincial guidelines.

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PROBUS BRIDGE



The following schedule is for bridge at the library for **September**.

Thursday September 1 - 2:30 to 4:30 Social Bridge

Thursday September 8 - 2:30 to 4:30 Social Bridge

Thursday September 15 - 2:30 to 4:30 Bridge Lesson (No Trump Bidding Sequences Part 1)

Thursday September 22 - 2:30 to 4:30 **NO BRIDGE**

Thursday September 29 - 2:30 to 4:30 Bridge Lesson (No Trump Bidding Sequences Part 2)

I have revamped my lessons. I hope you enjoy the improvement.

I LOOK FORWARD TO SEEING YOU ALL AGAIN!

Cheers!

Harvey Brodhecker 905-683-5778 or hbrodhecker@yahoo.ca

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The Book Club is Back!

Jane Armstrong will be heading up the Book Club. If you are interested in joining the Book Club, there will be a meeting to discuss the club on Wednesday, September 14 at 1:30 p.m. at 3 Kemp Drive, Ajax. Please contact Jane Armstrong at armstrongjane@rogers.com (905-683-2069) or Jane Wilson at jw.003@sympatico.ca (905-619-6674) if you are going to attend the meeting

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DINING OUT CLUB

Unfortunately, I am not going to be able to plan a dinner this month. I will plan for September and let you know later.



Sorry for any inconvenience.

Carol

Carol Breen 905-839-7762 cbreen840@bell.net

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PROBUS RODEO GROUP



Hello ladies, The summer continues to speed by and it is time to start planning for our fall activities. The first lunch date for the fall will be **Wednesday, September 21st**. The third Wednesday in September is late in the month but that will give us time to settle in. I selected Sauter's Inn Restaurant at 109 Old Kingston Road in Pickering. I know we have enjoyed lunch there in the past.

Please send your reservation request to me by Thursday, September 15th. Don't forget we changed **start time to 1 p.m.**

See you soon. *Dawn*

P.S. We welcome new members.

Dawn Thornton dthorn000@gmail.com 289 – 989 - 0641

SWEET & SAVOURY GRILLED PINEAPPLE & PEPPER MEATBALL SKEWERS

Ingredients:

- 1 lb/450g ground turkey
- ½ cup/35g whole wheat panko breadcrumbs
- 2 tbsp/8g mint fresh, chopped
- 2 cloves garlic, minced
- ½ tsp salt
- ½ tsp pepper
- 1 small pineapple, peeled and chopped
- 1 large bell pepper, cut in chunks
- ¼ cup/60 mL sweet Thai chili sauce, low sodium

Instructions:

1. In a bowl, combine turkey, breadcrumbs, garlic, mint, salt and pepper. Shape into 18 meatballs. Skewer meatballs alternating with pineapple, bell pepper and onion chunks on 6 soaked wooden or metal skewers.
2. Place skewers on greased grill over medium heat and grill for about 8 minutes, turn over and grill 5 minutes until lightly charred and meatballs are no longer pink inside. Brush lightly with Thai chili sauce and grill for 2 minutes.
3. Remove to platter and serve with any remaining sauce for dipping.

Peanut sauce option:

Substitute peanut sauce for Thai chili sauce.

(Thanks to Nancy Hobart for this recipe)

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BREAKFAST CLUB
and
EUCHRE
(Julie)



BREAKFAST CLUB

Breakfast continues to be a popular event. Join us on Tuesday, September 27 at 9:00 at Stacked Pancake and Breakfast House, 280 Harwood Avenue South (in the Harwood Plaza). Call Julie at 905-686-0803 or email jmathewson@rogers.com to reserve your place.

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EUCHRE

Euchre is still being played on Trickstercards since our previous location isn't available to us yet. This month we'll be playing on September 13th and 27th, starting at 2:00. Tables have to be assigned in advance, so please email Julie at jmathewson@rogers.com by noon the day before if you want to play.

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CAR RALLY

Friday, October 14th. Take a 100km (approximately 2.5-3 hour) drive around Durham while enjoying the fall colours, finding answers to questions and completing tasks, then join us for lunch at a mystery location. You can sign up as a team or be randomly assigned to one. We suggest 3-4 people per car. The cost is \$20 per person.



BREAKFAST CLUB – AUGUST 30, 2022



What do you call a cold meal?

Answer: Brrrrrrrrreakfast

What do you call someone standing on one foot, eating a bagel and a banana?

Answer: A balanced breakfast.

What does a jokester have for his breakfast?

Answer: A pun – cake

PROBUS GOLF



Do you like to get out for a little exercise and swing the clubs? Please join us! This is a fun league, and new members are always welcome.

We play 9 holes (walking only) at Hawthorne Valley golf course on Tuesday mornings.

Our tee times start at 10AM and may be reserved a week ahead and resume on Tuesday April 19th.

Bookings are made directly with the golf course. Members can call Hawthorne Valley at 905 686 2028

When you call let them know it's your first time out and they will fit you in with a foursome. Times are 10 minutes apart so you may get a time for 10:20 but try to get there 30 minutes before. Sometimes we are ahead of schedule or there might be an opportunity to fill in for a cancellation. We are a friendly group so don't worry. We won't judge.

(Thanks to Lorna Smith, Durham West PROBUS who took this from their website)

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MEMBERS CORNER

We have decided that even after we return to normal activities, that we would like to continue with the Members Corner. It's a great way for us to get to know our fellow Ajax PROBUS members. Keep those articles coming. If they're not used immediately, they will be filed for future newsletters.

Thanks to everyone who have sent contributions so far. We've really enjoyed reading them.

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LIBRARY NEWS

"WHAT'S ON FOR SEPTEMBER, 2022

The link for What's On is: www.ajaxlibrary.ca and click on 'Programs'

(ctrl click for link)

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SOCIAL



September 12th - Ajax PROBUS Picnic – Cost \$15

Come and join your fellow PROBUS Members to celebrate getting together again and enjoy a Summer Picnic

Where: Carruthers Marsh Pavilion

Address: 55 Ashbury Blvd West

Time: 11:30 am – 2:00 pm

Lunch: Picnic lunch will be supplied

Entertainment provided by Mitch Daniels performing “Songs of the Rat Pack”

September 13th – 16th – Detroit – Mackinac Island - Frankenmuth - COST: \$999. Per person/double occupancy; single \$1,299. (No HST) - \$250 non-refundable deposit due upon booking. Balance due July 1st .

The state of Michigan is ablaze with colour during autumn! We travel through western Ontario and our first stop is at the famous “MOTOWN” museum in downtown Detroit. For the car enthusiasts, we are headed over to tour the Henry Ford Museum in Dearborn. We then head to Mackinaw City, Michigan and take the ferry to Mackinac Island, where we step back in time before cars – exploring the island via horse drawn carriage. We then travel to Frankenmuth – Michigan’s “Little Bavaria” for the opening night of OKTOBERFEST!!!! This includes their famous Oktoberfest buffet.

Included in your tour:

Return motor coach transportation

- 3 night's hotel accommodation
- Tour of the Henry Ford Museum, Dearborn
- Tour of Motown Museum, Detroit
- Ferry to Mackinac Island and tour of the Island
- Tour of Frankenmuth including an evening of OKTOBERFEST!!!!
- Three breakfasts – 1 dinner



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SOCIAL (Continued)

Wednesday, October 5th – Kingston Pen & Jersey Boys – Cost \$185 with Penitentiary Tour OR \$155 with play only.

No visit to the 1000 Island Area would be great without a visit to the Kingston Penitentiary. The tour offers a rare and unique opportunity to go behind the walls of Canada's oldest and most notorious maximum-security prison. After the tour, we will head over to the 1000 Island Playhouse to see the "Jersey Boys".

Included:

- Return transportation by motor coach
- Lunch at a local Restaurant
- Ticket for tour of the Prison (if chosen)
- Ticket for "Jersey Boys"
- Driver's Tip



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**November 17th – 24th – Nashville/Memphis – Cost \$3,700 pp
SOLD OUT!!!**

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SOCIAL (Continued)

Wednesday, November 30th - St. Jacobs – Cost \$150

St. Jacob's is one of our favorite places to visit during the Festive Season. Once again, we are going to the Farmer's Market, lunch at the Stone Crock Restaurant and finish the day off with "The Sound of Music"

Includes:

- Return transportation by motor coach
- Dinner at the Stone Crock Restaurant
- Visit to the Market
- Ticket to see "The Sound of Music"
- Driver's Tip
- 407 Toll



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Please contact Shirlie at shirlievanputten@rogers.com or 905-619-8583

For more information!



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Rambles with my Camera – Heron Rookeries

(Maureen McVarish)

You've all probably seen a heron flying overhead or standing almost motionless in a shallow marsh or river quietly focused on a fish or frog for lunch. But have you seen them nesting? Herons' preferred nesting habitat is in colonies on, or near the top of very tall trees nearby a food source, such as a marsh or lake. They nest in colonies, a "heron rookery" for several reasons. A place to court and choose a mate, to hunt and find food together, to have several lookouts while parents are finding food for the hungry babies. They generally lay 2 to 6 eggs which are incubated in about a month and the nestlings spend another 2 to 3 months feeding and growing and learning great blue heron skills.

My friend and I have discovered several rookeries over the years while visiting her cottage north of Toronto. We determined that the last week in June is ideal for viewing the amazing site of multiple nests up in the trees, each inhabited by 3 or more juvenile herons. The young stay still like statues until a parent approaches the nest. They then stand up eagerly jostling each other and clamouring for food. The parent will then remain motionless amongst the rowdy offspring, neck and head extended straight up until it is ready to regurgitate and feed whoever is the closest. An awesome site to witness!



AJAX PROBUS CALENDAR, SEPTEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 2:30 pm Social Bridge	2	3
4	5 	6 10am Golf	7 10am PROBUS General Meeting	8 2:30 pm Social Bridge	9	10
11  HAPPY GRANDPARENTS DAY!	12 11:30 PROBUS Picnic	13 Detroit – Mackinac Island – Frankenmuth 10am Golf 2pm Euchre Trickster	14 Detroit – Mackinac Island - Frankenmuth	15 Detroit – Mackinac Island - Frankenmuth 2:30 pm Bridge Lesson	16	17
18	19 11 am Zoom Chat	20 10am Golf	21 1pm RODEO	22 	23	24
25	26 11 am Zoom Chat	27 9am Breakfast Club 10am Golf 2pm Euchre Trickster	28	29 2:30 pm Bridge Lesson		30

For information on other PROBUS Clubs in Canada to: www.probus.org . Our Ajax PROBUS website: www.ajaxprobus.com.
 Many thanks to those who sent in items for this issue
 Comments and items are appreciated including photos of club events. Please send to: ajaxprobusnewsletter@gmail.com

AJAX PROBUS MANAGEMENT TEAM, 2021/2022

President	Jane Wilson	ajaxprobuspresident@gmail.com
Vice President		
Past President		
Treasurer	Rowena Burns	probusajaxtreasurer@gmail.com
Secretary	Bernie Rosebush	ajaxprobussecretary@gmail.com
Social	Shirlie Van Putten	shirlievanputten@rogers.com
Membership	Tom Rosebush	ajaxprobusmembership@gmail.com
Speakers	Victoria Plaskett	ajaxprobus speakers@gmail.com
House	Margaret Wells	ajaxprobushouse@gmail.com
Website	Maureen McVarish	ajaxprobuswebsite@gmail.com
Interest Groups		
Member-at-Large	Ray Smith	ajaxprobusmemberatlarge1@gmail.com
Member-at-Large		
Technical Coordinator	Stewart Beatty	ajaxprobuszoom@gmail.com
Newsletter	Barb Squires	ajaxprobusnewsletter@gmail.com

If you have a problem reaching a Management Team member at any of the above email addresses, send your email to ajaxprobus@gmail.com and it will get forwarded to the correct person

AJAX PROBUS MANAGEMENT TEAM, 2022/2023

POSITION	2022/2023
President	Jane Wilson
Vice President	Position Vacant
Past President	Position Vacant
Treasurer	Rowena Burns
Secretary	Bernie Rosebush
Membership	Tom Rosebush
House	Margaret Wells
Social	Shirlie Van Putten
Speakers	Position Vacant
Interest Groups	Position Vacant
Website	Maureen McVarish
Newsletter	Hetty Shapiro
Technical Coordinator w/Audio Visual Component	Stewart Beatty
Communications	Barb Squires
Member-at-Large	Terri Stewart
Member-at-Large	Kevin Portener