# PROBUS CLUB OF AJAX MONTHLY NEWSLETTER



PROBUS Club of Ajax, Club # 82 Ajax, Ontario

Vol 24 Issue 4

April 7th, 2021

### All PROBUS Club of Ajax In Person General Meetings are CANCELLED UNTIL FURTHER NOTICE

#### PRESIDENT'S MESSAGE

The last few days, with temperatures reaching as high as 16'C, have been a wonderful sign of things to come. We're nearing the end of March and by Thursday April will be here. I'm beginning to think about my garden and planting my summer flowers. My tulips have begun peeking above the ground. A sure sign of spring. It's been a long, tedious winter but that's now nearing an end.



The last PROBUS membership meeting on March 4<sup>th</sup> was well attended. Our speaker Lianne Harris presented a fascinating window into Ireland's history. The draw was won by Margaret Wells.

Our next PROBUS membership meeting is scheduled for April 7<sup>th</sup> at 10:00 am. Stewart Beatty, the Club's ZOOM Co-Ordinator, will send out a link prior to the meeting. Our guest speaker will be Kevin Donovan, an Investigative Reporter with the Toronto Star. His topic will be the Barry and Honey Sherman murders. As you know these murders are still under investigation, and have yet to be solved. I've heard Kevin speak about this topic before, at another PROBUS Club meeting, and his presentation was riveting. For our draw, we will be giving away copies of Kevin's book "The Billionaire Murders". Each book will be personally signed by the author.

Your PROBUS Club has been adding new items to its' list of virtual activities. In early 2020, your Management Committee began holding meetings using ZOOM. That was followed in November by Club membership meetings, again using ZOOM. In March 2021, we added ZOOM Chat Rooms twice a week, and Euchre games twice a month using Trickster. In May we are planning to introduce Bridge, again using Trickster. If you want more information about any of the Club's activities or the Club member in charge of a specific activity, please contact Nancy Hobart, our Club's Interest Group Co-Ordinator.

Check out our "Member's Corner" in the Newsletter this month. Ray Smith provides an article about Durham Region Transit – On Demand Service, and Barbara Provis talks about her experiences with Shingles.

Wishing you all a happy Easter.

Joyce

#### LIVE WITH MAYOR SHAUN COLLIER Via ZOOM or PHONE

On <u>Wednesday, April 21<sup>st</sup> at 2:00pm</u> our Mayor, Shaun Collier, will meet with members of our PROBUS Club of Ajax, via ZOOM or phone, to discuss General Updates, Vaccine Availability and provide an opportunity for our members to ask questions. A ZOOM and phone link will be e-mailed to you one or two days before the meeting. Please plan to attend and have your questions ready for our Mayor.



You do not need to download the ZOOM software to use the service. If you go to your internet browser (like Google) and go to website <u>www.zoom.us</u> look at the top right corner of the screen that opens up and you will see a button to click that says JOIN A MEETING. (Use Control Click for Links)

The diagram below appears



You can then enter the meeting ID number sent to you by PROBUS Club of Ajax in an email, and click JOIN. If there was a password also sent to you, enter it on the next page that opens up.

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#### **MEMBERSHIP**

Now that the Vaccines are here, I'm sure we all are looking forward to getting "out-and-about" as soon as we safely can. Your Ajax PROBUS Management team are aware that several changes have been made in the "Status Quo" of coordinating meetings and activities. Costs have increased over the last year including Hall Rental and name badges to name only two.

Thus, at the January, 2021, Management meeting, a motion was passed to "increase the annual fee to \$30.00 a year with the new members initiation fee also being increased to \$30.00". The old fee structure was \$20.00 a year for renewals and \$20.00 for initiation fee which did not cover the cost of the name badge.

Our current membership count is 209. To keep our records up to date we ask that if you have any changes in your "email, phone number or residence address", you inform us via email to <u>ajaxprobusmembership@gmail.com</u> or by phone to 437 981-6719.

Tom, Membership Coordinator



Durham Region Transit – On Demand Service (submitted by Ray Smith)

In 2020, Durham Region Transit launched On Demand bus service in areas where ridership levels are low and do not support regularly scheduled bus routes. There are four On Demand service areas in Ajax. If you live in an On Demand Zone, in order to use transit, you must now



book a ride on the day you wish to travel. To book a transit trip in an On Demand Zone, customers can either download the DRT On Demand app from the App Store or Google Play on their smartphone or device, or call a booking agent at 1-866-247-0055. After scheduling your trip, head to your neighbourhood bus stop at the time you booked, and wait to be picked up.

On Demand service uses small fleet vehicles, not regular city buses. Their fleet includes small buses, contracted vans and sedans. No matter the type of vehicle, each functions just like a regular bus; you can travel stop-to-stop within your On Demand Zone, connect to a scheduled bus route to continue your trip outside of the On Demand Zone, or get dropped off at a major transportation hub, such as the Ajax GO Train Station. Accessible vehicles are available and can be requested by calling a booking agent. For more information about On Demand service and zones, please visit: <u>www.durhamregiontransit.com</u>



#### Shingles - the beast that lurks within us!

To my fellow Probus members - as I am now in the throes of a shingles attack, I would strongly urge you to get the shingles vaccine. I procrastinated in the fall and thought (erroneously) that because I had chicken pox as a child, I couldn't get shingles. Not so!

In fact, if you have had chicken pox then the shingles virus lurks within your system & can pop out in later life. I have to say shingles is a really vile affliction. Itchy, scabby, tender to the touch and with me, accompanied by a raging thirst. Wearing clothes can be quite painful too as you can only endure the softest fabric. The only relief I get is to sprinkle cornstarch all over my tender areas.

All in all, a horrible & unsightly experience, so, my Probus friends, get the vaccine as I wouldn't wish shingles on anyone.

Barbara Provis

#### 

How am i doing? Well, I just wiped down the container of Lysol wipes with a Lysol wipe. So I'm fine. Everything's fine

#### Below is a recipe from one of the management team

#### Yummy Roasted Potatoes (Tom Rosebush

Preheat oven to 425° F.
Line a cookie sheet with parchment paper.
Wash potatoes (depending on size and amount needed); cut into 1" cubes.
Place in a bowl and sprinkle with salt, pepper, rosemary, thyme, basil, parsley.
Add 2 tbsp. olive oil.
1 clove pressed garlic (optional).
Stir until potatoes are well covered.
Place on lined cookie sheet, spreading them out to a single layer.
Bake for 30 – 35 min. until browned and tender.
Stir potatoes about halfway through baking time for even browning.

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#### <u>SOCIAL</u>

List of Theatres offering online Performances & Events:

Lots of Theatres are doing virtual performances. Here are a few for you to check out!

- 1. Westben Theatre https://www.westben.ca/digital-concerts-at-the-barn
- 2. Stratford Theatre https://www.stratfordfestival.ca/
- 3. Mirvish Theatre https://www.mirvish.com/
- 4. Flato Markham Theatre https://flatomarkhamtheatre.ca/Online/default.asp

The Social Committee misses everyone as much as you miss us! Thank you for all the phone calls and emails asking about the future, we have not forgotten you! Once it is safe, we will be back together.

> Ajax Probus Club Social Committee



#### **SPEAKERS**



#### April 7<sup>th</sup> Speaker

Kevin Donovan is the Toronto Star's Chief Investigative Reporter and the author of four books. Including the *Billionaire Murders, the Mysterious Deaths of Barry and Honey Sherman.* Over a career that has spanned 35 years (so far!) Kevin has investigated murder and mayhem, governments, public agencies, charities, lawyers, doctors, business



people and police. His goal in all of his reporting is to make a difference. "It's the people who place their trust in journalists like me who are the real heroes," Kevin says. Awards for journalism include two Governor General Awards for Public Service Journalism, and three National Newspaper Awards. On overseas assignment, Kevin covered the Gulf War in 1991 and the conflict in Afghanistan immediately after 911. Kevin estimates he has been shot at by a half dozen nationalities, including the US marines. So far, he has not been hit. His other books include Secret Life, the Jian Ghomeshi Investigation; the Dead Times (fiction); and Crime Story (co-author Nick Pron). Kevin lives with his wife and family in Toronto.

His talk will be on the "Billionaire Murders, the deaths of Barry and Honey Sherman including all the latest findings to date.



#### May 5<sup>th</sup> Speaker

Dr. Bruce McKay is the Chair of the Department of Psychology at Wilfrid Laurier University. His research focuses on recreational alcohol and drug use in university students and mechanisms by which psychoactive drugs affect brain functions. He teaches neuroscience and pharmacology courses. Dr. McKay grew up near Woodstock, Ontario, and completed his post-secondary education at Laurentian University, the

University of Calgary and the Baylor College of Medicine (Houston Texas). He has been a professor at Laurier since 2008

#### **Brief Description of Presentation**

Dr. McKay's lecture "The Brain on Cannabis" will overview the effects that cannabis has on brain structures and functions and the resulting effects on the complexities of human behaviour. He will briefly discuss the neuroscience of short-term effects of cannabis (from the munchies to driving impairments to treatment of pain and other ailments), why it isn't possible to lethally overdose on cannabis, long-term effects of cannabis with a focus on addiction and the differential effects of cannabis on teenagers vs adults), and review new cannabis laws in Canada and how those laws may intersect with an improved understanding of the neuroscience of cannabis.

# <u>Some Interest Group gatherings are cancelled until further notice.</u> Operating interest groups are Chat Rooms (Zoom), Euchre (Trickster) & Bridge (Trickster May 4<sup>th</sup>)

#### AJAX PROBUS INTEREST GROUPS

Carol Breen Reg Lawrance Julie Mathewson Bernie Rosebush Nancy Hobart

| Interest Groups Coordinator: Nancy Hobart |                                    |                |  |  |
|---|------------------------------------|----------------|--|--|
| RODEO (Ladies<br>Lunch)                   | Dawn Thornton                      | Dining Out     |  |  |
| Bridge                                    | Harvey Brodhecker                  | Cribbage       |  |  |
| Golf                                      | Marcia Everitt<br>Durham West      | Breakfast Club |  |  |
| Euchre/Scrabble                           | Julie Mathewson                    | Book Club      |  |  |
| Billiards                                 | Don Vorhees<br>Pickering PROBUS    | Movie Club     |  |  |
| Walking Club                              | Ron Mitchell & Maureen<br>McVarish |                |  |  |



#### PLAYING BRIDGE WITH TRICKSTER

In the past month Probus members have been playing euchre on the computer using the application called "Trickster". If enough people are interested, we are going to start using Trickster for playing bridge. Unlike Marathon Bridge we will all be playing at a set time on the first and third Tuesdays of the month at 2:00 pm. We will start on May 4, 2021. If you are interested or want further information, please let Harvey Brodhecker know, either by email (<u>hbrodhecker@yahoo.ca</u>) or phone (416-894-57780). We will play with partners. If you have a current partner please let me know. If you need a partner, let me know and I will attempt to get you a partner. As with Marathon Bridge, these Trickster games are for fun and socialization.

#### Harvey Brodhecker

#### **BRIDGE and COVID**

This month and the next few I want to address some difficult hands to bid. These hands look straight forward but can trap you. You make the obvious bid and then find yourself with a subsequent problem. Look at this innocuous hand. (Spades) 4, (Hearts) A9743, (Diamonds) AQJ1052, (Clubs) 74. What do you bid? You have two long suits 6 diamonds and 5 hearts. You have a basic opening bid (11 High card points plus 3 length points or distribution points). Your 6 card diamond suit is strong and your 5 card hearts suit is weak. Let's say you fall into the trap and open 1 diamond. Partner bids 1 spade. (They always bid your short suit.) You now bid 2 hearts and partner thinks for a long time (He is forced to bid because you mentioned a new suit.) and bids 3 hearts, which you pass. Partner lays down his hand. (Spades) KJ76, (Hearts) Q82, (Diamonds) 43, (Clubs) 10863. The result is down 1 (3 Hearts, 4 Diamonds, Diamond rough). Now let's say you open 1 heart. Partner bids 1 spade. You bid 2 diamonds. Partner bids 2 hearts and you pass. The result is making 2 hearts. I know you have been taught to open your longer suit first. Here is a better rule. If you have two five card suits or a five card and six card suit always open the higher ranking unless you have 17 or more points. You will need the extra points to survive at the 3 level if partner has a weak response. The sequence where you open the lower ranking suit and then on your second bid you bid the higher ranking suit is called a reverse. All reverses need 17 or more points.

#### Harvey Brodhecker

#### PROBUS RODEO GROUP

Here we are ladies, saying good-bye to winter and welcoming spring. Somehow the months have passed and we are ready to begin another phase of our "in and out, up and down" lives.

Some things never change. For instance, we continue to eat and many of us have enjoyed

trying the recipes Barb has printed for us in our newsletters. She has informed me that she is printing the last of our store of recipes this month. Would you please hunt up and send to Barb another offering of favourite recipes. Also, please include a photo so that readers can put a face with the name.

People certainly enjoyed our first offerings and I am sure the same response will happen again.

I do hope that as the vaccination program picks up speed we will get to enjoy some lunches together. As soon as it is possible we will make arrangements and resume our outings.

Have patience and take care.

*Dawn Thornton* (note new phone number) 289-989-0641 Please send your recipes and photos directly to Barb Squires at <u>ajaxprobusnewsletter@gmail.com</u>

#### Below is a recipe from one of the ladies

#### Cocktail Crisps

(Jean Jackson)

- 1 cup butter (I use margarine.)
- 1 & 1/2 cups flour
- 4 cups Rice Krispies (or a no name brand)
- 8 oz. pkg. Imperial Cheese, softened (sharp cold pack cheddar cheese) It comes in a red container with a black lid and is now slightly less than 8 oz. but I don't change any of the amounts of the other ingredients.
- Dash of salt
- 1/4 tsp. cayenne pepper or tabasco
- 1/4 tsp. Worcestershire sauce

Cream butter and cheese together. Add seasonings. Blend in flour. Add Rice Krispies. Mix well.

Shape into balls. I make them slightly less than an inch in diameter. Press down with a fork which has been dipped in cold water. (I don't dip the fork in the water.) I lightly grease the cookie sheet.

Bake at 350 degrees for 15 - 20 minutes, until lightly browned. I bake mine for 17 - 18 minutes. You want to make sure you bake them long enough or the rice krispies won't be crisp!

Makes about 4-7 dozen, depending on the size you want. The crisps freeze well.

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#### Where does the easter bunny eat breakfast? ...... At IHOP

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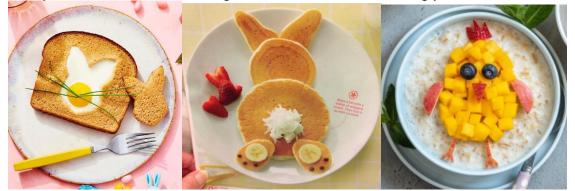


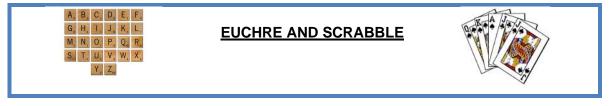
#### **BREAKFAST CLUB**

(Julie)



Who says breakfast has to be boring on Easter? Have fun creating your own breakfast art.





Join us for euchre on Trickstercards.com. Our games this month will be on Tuesday, April 13 and Tuesday, April 27, starting at 2:00 pm. To play you will need to download the free Trickster app to your computer or tablet. Contact Julie at 905-686-0803 or email <u>ajaxprobussecretary@gmail.com</u> to register. Julie will send instructions to anyone who needs them.

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# Scrabble

How many words can you find in this Boggle grid? All letters in the word must connect and you can't use the same letter twice in the same word.

- 4 letter words = 1 point
- 5 letter words = 2 points
- 6 letter words = 3 points
- 7 letter words = 5 points
- 8 or more letter words = 11 points

Easter related words earn 2x the points!

#### PROBUS BOOK CLUB



The Book Club **usually** meets on the fourth Wednesday of each month at St. Paul's United Church, 65 King's Crescent, at 1:30 p.m.

Interested in reading, discussion, fun and fellowship, we welcome you to join our group. In the meantime, book suggestions you may wish to enjoy:

#### **Book Suggestions:**

"Infinite Country" – ( $\Rightarrow$   $\Rightarrow$   $\Rightarrow$   $\Rightarrow$  rating) by Patricia Engel; *release date - March 2, 2021. "A knockout of a novel… Will be viewed as one of 2021's best"-O Magazine quote.* It tells a breathtaking story of the unimaginable prices paid for a better life.

#### The Race (Bernie Rosebush)

"We want a vaccine," said the people.

"Oho!" said the Political World,

"You must run around in a circle,

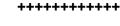
Appointments need first to unfurl!"

The people began frantically searching! The computers they whirred and they dinged! 'The times are all taken for these dates; Just keep trying until goal is attained.' So day after day they kept at it. The whirring and dinging went on. Until finally the magic did happen! The marathon race had been won!

A vaccine appointment now snaffled. Who cares where one goes for the claim. The light in the tunnel is brighter! Normalcy now is our aim!

#### YEEEEEEHHHHHH!!!!!!

Bernie Rosebush - 905-426-1598 or bernie.rosebush@gmail.com





April 1











#### **Rambles with my Camera - March**

(Maureen McVarish)

Lynde Shores is a favourite place to visit at any time of the year. It has woods, fields, waterfront, marshes, old farm building remnants and an any-age family friendly "Chickadee Trail". I go quite regularly with my camera for a long walk and there is often something new. Right past the parking lot is a bridge over the creek which usually has some open water even when all else is frozen over, so you don't have to go far to see an assortment of waterfowl. On the days I visited in February and in March, there was just the regulars including a hybrid mallard that is hanging out with a pair of regular mallards.

Along the Chickadee Trail many of these same ducks and geese will approach any visitor hopeful for a handful or more of seeds, (no bread!) Along this trail, you can see a variety of birds, depending on the season, many becoming quite brave and may even feed from your hand if you are patient, or from a nearby tree stump or feeding platform. Besides the ubiquitous chickadee, there are also photos of a female cardinal and a yellow bellied sapsucker with his peanut prize.

In February, along the south east trail, I was treated to deer galloping in the far-off field, reacting swiftly to my quiet solitary appearance on the path. In contrast, last week two of us passed by two young deer in a woody thicket standing still just about 15 feet from the path. They almost seemed curious and actually seemed to approach when we stopped to photograph them. Wild turkeys can often be found, in small groups sometimes strolling along the path, resting in the woods or sometimes sharing seeds with the chickadees. Last week we welcomed the return of red winged blackbirds and song sparrows, both singing to us enthusiastically.

And a very exciting and lucky capture on my February visit to the west side of Lynde Shore was of a bald eagle which did a fly past as I got out of the car and landed on a nearby tall tree. Apparently there is a pair nesting near the south of Lynde Shore. Hopefully I'll meet up with one of them again.



#### MOVIE CLUB



I hope that everyone is doing well and keeping safe. I hope the following trivia will help pass sometime till we can get together again. All movies are on hold till further notice.

Thanks Nancy

#### **MOVIE TRIVIA**

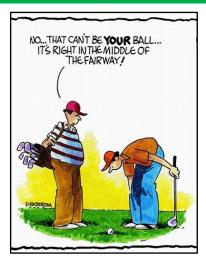
- 1. What are the dying words of Charles Foster Kane in Citizen Kane?
- 2. Who played Mrs. Robinson in The Graduate
- 3. What was the first feature-length animated movie ever released?
- 4. In the Matrix, does Neo take the blue pill or the red pill?
- 5. For what movie did Tom Hanks score his first Academy Award nomination?
- 6. What 1927 musical was the first "talkie"?
- 7. What's the name of the skyscraper in Die Hard?
- 8. What flavour of Pop Tarts does Buddy the Elf use in his spaghetti in Elf?
- 9. What shocking Wes Craven horror movie carried the marketing tagline, "To avoid fainting, keep repeating, 'It's only a movie?
- 10. What pop vocal group performs at the wedding in Bridesmaids?

(Answers on last page)

#### PROBUS GOLF

#### **Outdoor Golf**

Good news for the golfers. Our season will start at Hawthorne Valley in April. If you would like to be added to the list contact Marcia Everitt by email at <u>marciaeveritt@yahoo.ca</u> or call 416-724-6355





#### CARL'S CORNER



#### Carl Mabee President (2013-2014)

**Singapore!** The name congers up all kinds of exciting images *like what this country must have looked* like *in 1819 when Sir Thomas Raffles landed on the main island. He is credited as being the founder but in fact it was John Crawfurd in 1824 that officially made Singapore a British possession.* However, such is history written and legends made that although he wasn't even around at that time his name is synonymous with Singapore. When I think of Singapore I think of **Raffles Hotel** founded in 1887 and completed in 1899. *(Although it continued to expand over the years.)* It is one of the last colonial buildings saved from Singapore's mad rush to expand and modernise. To me it is the epitome; a living museum of what was the grand life style of colonial Britain.



Some of the great writers like Rudyard Kipling and W. Somerset Maugham took inspiration from this wonderful edifice and its surroundings. I can picture one of them sitting in the Long Bar with the fans *moving slowly* pulled by a servant just to keep the sweat off the brow of say Rudyard Kipling while he ponders the trials and tribulations of his next slate of hero's. One day I plan to incorporate some of the eclectic mix of decorations from the English and Asian cultures into **my** Raffles room. **So I'm here**! I was met at the airport and whisked away to my hotel by one of the senior employees at the company, John. We made a quick stop at the office and it was suggested that in as much as I would only have one day in Singapore before the meeting that I should take the balance of the day and do a little sight-seeing. With John driving I'm asking questions about the government and despite the official version a benevolent dictator really controls this microstate.. It's a Maritime country so their navy is larger than most for its size because people try to sneak into the country to get a piece of the good life.

Singapore's "reason to be" is trade. And its docks and shipping facilities makes it one of the fastest growing centres of trade and commerce in the world. From the highest point in Singapore we could look down on the massive armada of ships waiting to load or unload spread out in all directions. **Wow**, what a sight. How the heck can all this trade be handled in such a confined area? I suppose that's a good question because new massive construction of ports and warehouse facilities was also visible from this hill. John thought that perhaps I would like to see the WW11 museum honouring the gallant and brave soldiers of all races who fought the Japanese during their invasion of Singapore. <u>I would</u> for a number of reasons, so we took the incredible cable car across part of the island to the hill housing this facility. I think it was nicknamed Opium hill for some strange reason! In any event there were little touristy signs pointing in the direction of various cities with the "how far" miles posted. The museum was both interesting and sad. One of the items displayed was a newspaper ad run on the front page of a local paper that said "**VICTORY FOR JAPAN, FALL OF SINGAPORE**" **HURRY TO GIAN SINGH'S FOR RISING SUN FLAGS.** And the address was Java Street Kuala Lumpur. I guess one could interpret this as a business opportunity or a suggestion to get your flags to show support for the invaders if you value your life! I guess we will never know. If I had more space I could elaborate on all the exciting things I saw and participated in, perhaps in the next issue. *Carl* 



#### THE BOOKWORM

"Canada Reads" held their 20th anniversary battle of the books between March 8 and 11 with a theme of, "One Book to Transport Us."

Hosted by actor and comedian Ali Hassan, the selected books were championed by Canadian artists and media personalities on CBC, with a conversation around "stories that reflect perseverance, resilience and hope."

Singer, songwriter Scot Helman championed the second place winner, "Two Trees Make a Forest" by Jessica J. Lee.

Interestingly, the author has a PhD in environmental history. This beautiful memoir weaves an exploration of her family roots as she treks the lush forests and mountains and swims the blue-green waters of Taiwan. She writes in an unhurried poetic rhythm, tracing parallels between nature and human stories that shape her family. With her vivid descriptions and naming of species, it is a book to read slowly and savor. I paused at her recollection of her grandmother attending school in the Gulou District of Nanjing in 1946, the very same neighbourhood where I lived and taught for a year, learning the fraught history of invasion and war. I too woke to magpies outside my window, passed men in parks with songbirds in bamboo cages, and watched colorful umbrellas bobbing in the summer plum rains.

Actor and filmmaker Devery Jacobs championed first place winner, "Johnny Appleseed" by Joshua Whitehead.

Johnny is a two-spirit Indigiqueer young man who leaves the reserve for the big city and must find ways to make ends meet. His sharp edged tone can be deceiving, as his vulnerability and pain are revealed when he faces his past on a trip home for his stepfather's funeral. This book challenged me in the same way as, "Cockroach" by Rawi Hage and, "Animal's People" by Indra Sinha. I found myself faced with uncomfortable truths and realities, that despite our differences, unite us in our humanity-something art should do.

"This novel needs to be read. It finds the cracks of light in darkness, which is exactly what we need in 2021, to find those cracks of light," Devery Jacobs said.

Other books on the shortlist included, "The Midnight Bargain" by C.L. Polk, "Hench" by Natalie Zina Wolschots, and "Butter Honey Pig Bread" by Francesca Ekwuyasi.

By Victoria Plaskett

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Why was everyone so tired on April 1st? Because they just finished a long 31-day March

What happened to the Easter Bunny when he misbehaved at school? He was eggspelled

#### A TRIP DOWN MEMORY LANE





Pics from various 2012 Meetings



#### LIBRARY NEWS

#### "WHAT'S ON" FOR APRIL, 2021

The link for What's On is: ajaxlibrary.ca/?q=node/38

#### **RECREATION CENTRE NEWS**

Seniors Centre Without Walls: April 2021 Program Calendar | Space is limited.

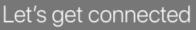
| Monday   | Tuesday  | Wednesday  | Thursday   | Friday  |
|--|--|--|--|---|
|  |  |  | <b>1</b><br>1:30 p.m.<br>Information Highway:<br>Recipe Exchange –<br>Favourite Easter Recipes | <b>2</b><br>10 a.m.<br>No Programming –<br>Good Friday                                    |
| <b>5</b><br>1:30 p.m.<br>No Programming -<br>Easter Monday   | <b>6</b><br>1:30 p.m.<br>Worldly Wonders:<br>Easter Traditions                   | <b>7</b><br>1:30 p.m.<br>Information Highway:<br>Tim Westhead                                | <b>8</b><br>1:30 p.m.<br>Information Highway:<br>Local History – A Peek<br>Inside the Archives | <b>9</b><br>10 a.m.<br>Fit or Fun:<br>Fit – Exercise                                      |
| <b>12</b><br>1:30 p.m.<br>Worldly Wonders:<br>Book Chat – Drop<br>Everything and Read                        | <b>13</b><br>1:30 p.m.<br>Challenge Accepted:<br>Trivial Pursuit –<br>Television | <b>14</b><br>1:30 p.m.<br>Information Highway:<br>Ajax Fire                                  | <b>15</b><br>1:30 p.m.<br>Information Highway:<br>Film Friends –<br>The Oscars                 | 16<br>10 a.m.<br>Information Highway:<br>Short Stories by<br>Durham Storytellers          |
| <b>19</b><br>1:30 p.m.<br>Worldly Wonders:<br>Armchair Travel -<br>Cruising the Western<br>Caribbean Islands | 20<br>1:30 p.m.<br>Challenge Accepted:<br>Fact or Fiction                        | <b>21</b><br>1:30 p.m.<br>Information Highway:<br>Service Canada                             | <b>22</b><br>1:30 p.m.<br>Worldly Wonders:<br>Fun Fact Frenzy –<br>The Oscars                  | <b>23</b><br>10 a.m.<br>Fit or Fun:<br>Fit – Exercise                                     |
| <b>26</b><br>1:30 p.m.<br>Information Highway:<br>Biographies – Sir<br>David Attenborough                    | <b>27</b><br>1:30 p.m.<br>Fit or Fun:<br>Fun – Table Topics                      | <b>28</b><br>1:30 p.m.<br>Information Highway:<br>Guest Speaker - Royal<br>Botanical Gardens | <b>29</b><br>1:30 p.m.<br>Challenge Accepted:<br>You Be the Judge                              | <b>30</b><br>1:30 p.m.<br>Information Highway:<br>Short Stories by<br>Durham Storytellers |

Tim Westhead: Hollywood - An Insider's View ----12 Favourite Film Noir Movies. Discovering new and re-discovering classic film noir that explore the darker side, and make your love for film a more rewarding experience! www.timewesthead.com.

Royal Botanical Garden: Pollination Partners - Are insects and birds able to pollinate the same plant? Why is pollination beneficial? Join us as we investigate the cooperative relationship between pollinators and the plant kingdom.

Ajax Fire: Join Ajax Fire Prevention Inspector Shelley who will speak about fire safety around your home.

Service Canada: Join Citizen Services Specialist with Service Canada and learn about what services you can still access with Service Canada, as well as how to make a request for assistance.



Ontario



To join using Zoom, use the following requirements:

Meeting ID: 936 9272 5495 Passcode: SCWW55+001



To join by phone, use the following requirements:

Dial: 647 558 0588 Meeting ID: 936 9272 5495# Participant ID # Passcode: 1409113169#

OACAO

The Voice of Older Adult Centres La voix des centres pour ainés



#### This was copied from the Durham Region Covid Online Page

(March 29, 2021)

We encourage all residents to get the COVID-19 vaccine. If you are unsure about whether or not you should receive the vaccine, please discuss your concerns with your health care provider before booking an appointment.

How do I book an appointment for the vaccine?

Online bookings are available for <u>eligible priority populations</u>. Adults 70 years of age and older, or who will be turning 70 in 2021 will be eligible to book starting March 29, 2021 at 1 p.m.We will notify the community as other priority groups are eligible for vaccine.

#### Extension of second dose for all COVID-19 vaccines

The province has extended the time between the first and second dose for all COVID-19 vaccines currently available in Canada. As of March 10, 2021, all second doses have been moved to 16 weeks (or 112 days) to ensure more people can receive the first vaccine due to still limited supply. This decision was made by the Chief Medical Officer of Health based on recommendations from the National Advisory Committee on Immunization (NACI).

Ensuring the mass immunization clinics are accessible for seniors

We want people coming to the clinics to know that they are accessible and following all public health measures to help ensure people feel comfortable and safe. These measures include:

- 1. The online booking system encourages clients to bring a support person with them to clinic, if needed, as well as any mobility devices.
- 2. A call centre to book appointments, as an alternative to booking through the online portal is available. **The** call centre booking line phone number is 1-888-444-5113.
- 3. If needed, staffing "ambassadors" are available to escort seniors through the clinics if seniors do not have an assistive device, or are not accompanied by a support person.
- 4. Chairs will be available and offered to seniors at the clinic, and clinical and administrative float staff will be monitoring lines and supporting seniors, as needed.
- 5. Assistive devices will be available at clinics and offered to seniors, if needed.
- 6. The Region has partnered with community agencies to provide free or low-cost transportation for seniors to attend vaccination clinics if transportation costs are a barrier.

Durham Region Transit has made On Demand transportation available to residents travelling to vaccination clinics within their local municipality. The Regional Municipality of Durham website page has been updated with this information and streamlined: https://www.durhamregiontransit.com/en/routes-and-schedules/bus-stop-and-route-information-for-covid-19-vaccine-clinics.aspx. Individuals can also telephone a customer service representative at 1-866-247-0055 for trip planning assistance.

#### ++++++++++++

# MOVIE TRIVIA ANSWERS (from page 11)

- 1. Rosebud
- 2. Anne Bancroft
- 3. Snow White and the Seven Dwarfs
- 4. Red
- 5. Big
- 6. The Jazz Singer
- 7. Nakatomi Plaza
- 8. Chocolate
- 9. The Last Hose on the Left
- 10. Wilson Phillips

#### AJAX PROBUS MANAGEMENT TEAM

| President       | Joyce Starkman     |                                    |  |
|-----------------|--------------------|------------------------------------|--|
| Past President  | Reg Lawrance       |                                    |  |
| Treasurer       | John Clark         |                                    |  |
| Secretary       | Julie Mathewson    | ajaxprobussecretary@gmailcom       |  |
| Social          | Shirlie Van Putten | shirlievanputten@rogers.com        |  |
| Membership      | Tom Rosebush       | ajaxprobusmembership@gmail.com     |  |
| Speakers        | Gail Tays          |                                    |  |
| House           | Jane Wilson        | ajaxprobushouse@gmail.com          |  |
| Website         | Maureen McVarish   |                                    |  |
| Interest Groups | Nancy Hobart       | ajaxprobusinterestgroups@gmail.com |  |
| Member-at-Large | Victoria Plaskett  |                                    |  |
| Member-at-Large | Joan Ash           | ajaxprobusmemberatlarge2@gmail.com |  |
| Zoom            | Stewart Beatty     | ajaxprobuszoom@gmail.com           |  |
| Newsletter      | Barb Squires       | ajaxprobusnewsletter@gmail.com     |  |
|                 |                    |                                    |  |

For information on other PROBUS Clubs in Canada to: <u>www.probus.org</u>. Our Ajax PROBUS website: <u>www.ajaxprobus.com</u>. Many thanks to those who sent in items for this issue Comments and items are appreciated including photos of club events. Please send to: ajaxprobusnewsletter@gmail.com