

PROBUS CLUB OF AJAX MONTHLY NEWSLETTER



PROBUS Club of Ajax, Club # 82 Ajax, Ontario

Vol 23 Issue 7

July, 15, 2020

President:
J. Starkman

Vice-President
B. Cooney

Past-President:
R. Lawrance

Treasurer:
J. Clark

Secretary:
J. Mathewson

Social:
S. Van Putten

Membership:
T. Rosebush

Speakers:
B. Provis

House:
J. Wilson

Website:
M. McVarish

Newsletter:
B. Squires

Interest Groups:
C. Breen

Members at Large:
N. Hobart
G. Tays

All PROBUS Club of Ajax General Meetings are CANCELLED UNTIL FURTHER NOTICE

President's Message



In 2007, Jack Nicholson and Morgan Freeman starred in a movie called The Bucket List. Perhaps some of you have a Bucket List. I do, although I've never called it by that name. I had an extraordinary opportunity to check two items off my Bucket list in March of 2018. My niece Cindy and I embarked on a cruise of the Eastern Caribbean that year, on one of the largest cruise ships in the world; Royal Caribbean's Oasis of the Seas.

We departed from Fort Lauderdale with destinations of Haiti, Jamaica and Mexico. In Haiti, I checked the first item off my Bucket List when Cindy and I went parasailing. We were taken by speedboat off shore, fitted with life vests and attached to the parachute, then swung into the air from the rear of the boat. I remember the experience of seeing my feet hanging below me with nothing beneath them but the ocean, a long way down. Landing back on the boat, which was bobbing about in the ocean like a cork, was particularly challenging.



Following a relaxing shore excursion, rafting down the Martha Brae River in Jamaica, Cindy and I reboarded the Oasis of the Seas and proceeded to Mexico, docking near the resort Town of Cancun. Thus began our adventure, fulfilling the second item on my Bucket List. Cindy and I, along with a bus full of other tourists, endured a two hour trip north on the Yucatan Peninsula to the historic City of Chichen Itza. This Mayan City was a major centre of civilization from around 250 to 900 AD. El Castillo, the Temple, dominates the archaeological site, and is the building most associated with Chichen Itza. I have been fascinated by Chichen Itza since I was a teenager. Walking about the buildings was surreal as I couldn't believe I was finally there.



PROBUS Members - We need your Help

Your Management Committee is striving to make your monthly Newsletters both enjoyable and informative since they're the only means of communication with all of our members during the COVID-19 pandemic. However, the Newsletter can also provide members with an opportunity to keep in touch with PROBUS friends at a time when we can't meet together physically to catchup. Do you have a trip, an event, an interest or hobby you'd be willing to share with other members? If so, please forward a written description of your activity to our Newsletter Editor at probusnewseditor@gmail.com. Please limit your articles, including any photos, to one Newsletter page in length. Your input would be greatly appreciated and would bring more diversity and content to our Newsletters. Take care and stay safe.

Joyce, President

+++++

A MESSAGE FROM THE PAST PRESIDENT

I hope this update finds you all well and following the health guidelines to avoid the Covid-19 virus. The feedback from our volunteer callers is that our PROBUS members are doing well and doing their best in dealing with the impact on our daily lives that this Pandemic has created. Your feedback has also shown that couples are doing best with each other's company.

We have asked our callers to give priority to those members living alone from here on. Again I would like to thank the members who are taking time to make these important calls to our members. Keep safe and well!

Reg

A THANK YOU NOTE

There are 16 PROBUS members who do not have computers or email service in their homes. We have 3 members who call these members once a week to check that they are well and keep them up to date on club emails and to have a friendly chat with them. These calls are well received and appreciated by the members who receive them. I would like to thank Donna Andrechuk, Lois Hanna and Breda Porter for their kindness in providing this faithful service.

Reg

Below are recipes from two of the Management Team:



Lemon Jello Cake

(Barb C)

Ingredients	Instructions
<ul style="list-style-type: none">• Lemon Cake Mix• Small package of Lemon Jello Topping <ul style="list-style-type: none">• Instant lemon pudding mix• Envelop of Dream Whip• 1½ cups milk	<ul style="list-style-type: none">• Dissolve jello in ¾ cup hot water and ½ cup cold water and set aside• Make the cake in a 9x13 pan as per package instructions and cool for 25 – 30 minutes• Poke holes about 1" apart throughout the cake• Pour jello over the cake (it will absorb into the cake) and then refrigerate <ul style="list-style-type: none">• Mix the pudding mix and an envelope of the dream whip together• Add 1½ cups milk and whip until stiff• Frost the cake with the mix and refrigerate <p>The cake may also be frozen with no ill effects</p>

+++++



English Tea Cakes

(Reg)

These unique cookies are baked in muffin cups, giving them a perfectly round shape. If you like, you can omit the pecans and decorate the cookies for holidays.

Ingredients

- 2 cups butter, softened
- 1 cup sugar
- 2 teaspoons vanilla extract
- 4 cups all-purpose flour
- 60 walnut or pecan halves, toasted

Directions

- In a large bowl, cream butter and sugar until light and fluffy. Beat in vanilla. Gradually add flour and mix well. Drop by heaping tablespoonfuls into greased miniature muffin cups; flatten slightly. Press a walnut half into the center of each.

- Bake at 350° for 10-12 minutes or until edges are lightly browned. Cool for 2 minutes before removing from pans to wire racks.

Substituting the vanilla extract for lemon or orange and adding in lemon zest gives them a nice citrus punch. Or subtract 1/2 cup of the flour and add in 1/2 a cup of cocoa powder for chocolate, or just add in cinnamon, ginger, and cloves for spiced teacakes



+++++

MEMBERSHIP

Normally, the PROBUS Club of Ajax would be collecting the 2020/2021 Membership Fee during the months of July and August. However, this year is far from normal, so at our last Management meeting held on June 26, 2020 via ZOOM, a motion to **suspend membership fees until July, 2021** was passed, therefore, all 2019/2020 members are automatically members until July, 2021, when once again we will be asking you to renew your membership.

Our current membership count is 212. Once again we ask if you have changed your “**email, phone number or residence address**” you inform us via email to tom.rosebush@gmail.com or by phone to 437 981-6719. Stay safe until we can meet safely once again.



Tom, Membership Coordinator

+++++

A Mini Bio for new members Ed & Bev Russell

Both born in Toronto and raised in the part of Scarborough called Agincourt, Ed and Bev worked their way through the same schools in the educational system, starting in Grade 2! After high school, Bev went to UofT and Toronto Teacher's College while Ed worked at SKF to put food on the table. Then Bev taught kindergarten at two schools in Toronto's west end while Ed went to Centennial College, York U and Teacher's College, ending up with a specialization in Special Education based in Scarborough. He then spent twenty-one years as a driver, an inspector and security at the TTC. He retired in 2009.

Since then, Ed has worked for car dealerships and a parts delivery service to keep busy. Bev has lectured on cruise ships (pre-Covid, of course) and authored several non-fiction books. Ed loves gardening and is very active in the Masons. Bev loves playing bridge and mahjong; she is active in the Pickering-Ajax Newcomers Club.

They have 2 sons who both live and work in Durham Region. Their two cats, Lucy and Sam, complete their family.



Ed & Bev Russell

+++++

SOCIAL REPORT

Newfoundland:

Every Canadian should visit the farthest east Province in Canada. Newfoundland & Labrador!! From the Icebergs to Gros Morne; to L'Anse aux Meadows; and Port au Choix Nation Historic Site this Province grabs you with its magic and you never want to leave. It is unlike any other place I have ever been. The vast coastline of Newfoundland is large enough to stretch across Canada four times over. So, whether you take a hike along ancient footpaths, pack a picnic and watch for whales, or head out to sea to hunt for icebergs, you'll find it all comes standard with a great ocean view. The Vikings first landed over 1000 years ago leaving their indelible mark. You will have a chance to visit the oldest settlement and the oldest city in North America.

Our tour covered over 3300 kilometers of beautiful scenery and took us from Newfoundland's vibrant towns to its quaint villages and out ports. We followed stunning coastlines and took in some of the most incredible sky-scrapes that you would ever see. You will need a camera on this tour to make sure you capture all your memories.

Newfoundland has everything to offer the first time or seasoned traveler. **And do not forget to get "screeched" in!!!**

This Tour will be repeated in July – Aug /2021. Please contact Shirly at shirlyevanputten@rogers.com for complete Itinerary.





+++++

A TRIP DOWN MEMORY LANE



July 2013 PROBUS meeting/Victorian Speaker

All Interest Group gatherings are cancelled until further notice.

AJAX PROBUS INTEREST GROUPS

Interest Groups Coordinator: Carol Breen			
RODEO (Ladies Lunch)	Dawn	Dining Out	Carol
Bridge	Harvey	Cribbage	Reg
Golf	Marcia Durham West	Breakfast Club	Julie
Euchre/Scrabble	Julie	Book Club	Bernie
Billiards	Don Pickering PROBUS	Movie Club	Nancy
Walking Club	Ron & Maureen		

ROBUS RODEO GROUP

Hello Everyone, Just a reminder that for now RODEO Club is on hold. Hopefully in the not so distant future we will meet again on the third Wednesday of the month to enjoy a luncheon get-together.

Take care, *Dawn*



Below is a recipe from one of the ladies

Salmon Patties

2 7 ½ oz cans of drained salmon
½ cup bread crumbs
⅓ cup finely chopped green onion
⅓ cup ketchup
1 egg
½ tsp paprika
Salt & pepper to taste
1 tbsp vegetable oil

-Put all ingredients except oil into a bowl and mix well with a fork until well combined.
-Form into four patties.
-heat oil in a large non stick fry pan
-add patties and cook 4 minutes on each side until golden.
If necessary, lower heat as the ketchup in the patties could cause them to burn
Serve with rice or potatoes and a vegetable.

Submitted by Joan Westwood



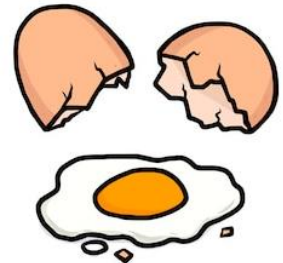
+++++

BREAKFAST CLUB

Here is a breakfast recipe for you
Julie

Breakfast eggs

Used round thin sliced baloney, ham.
Line muffin pan with meat choice.
Drop egg in cup.
Add grated cheese, paprika.
Bake 350 for 18 minutes for runny centres.



Thanks to Sandra McNamara

+++++

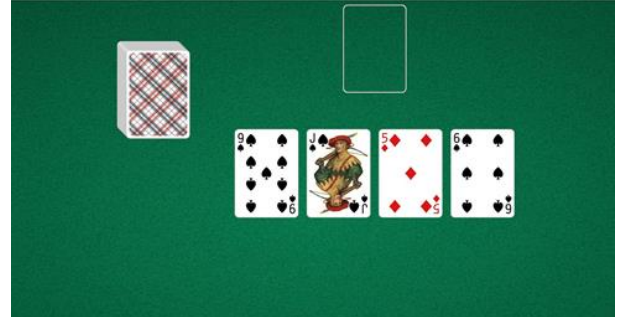


EUCHRE AND SCRABBLE



Since we can't get together to play cards right now, I've been playing a lot more solitaire. One game that I enjoy is called Aces Up. It's really easy to play, but hard to win.

1. Deal four cards in a row face up.
2. If there are two or more cards of the same suit, discard all but the highest-ranked card of that suit. Aces rank high.
3. Repeat step 2 until there are no more pairs of cards with the same suit.
4. Whenever there are any empty spaces, you may choose the top card of another pile to be put into the empty space. After you do this, go to Step 2.
5. When there are no more cards to move or remove, deal out the next four cards from the deck face-up onto each pile.
6. Repeat Step 2, using only the visible, or top, cards on each of the four piles.
7. When the last four cards have been dealt out and any moves made, the game is over. The fewer cards left in the tableau, the better. To win is to have only the four aces left.



When the game ends, the number of discarded cards is your score. The maximum score (and thus the score necessary to win) is 48, which means all cards have been discarded except for the four aces, thus the name of the game.

Julie

+++++

PROBUS BOOK CLUB

The Book Club **usually** meets on the fourth Wednesday of each month at St. Paul's United Church, 65 King's Crescent, at 1:30 p.m.



During Covid19, of course, we are **not** meeting!!!

However, when normalcy returns we shall continue our very interesting discussions on chosen book titles.

Interested in reading, discussion, fun and fellowship, we welcome you to join our group. In the meantime, book suggestions you may wish to enjoy:

"Mrs. Lincoln's Sisters" by Jennifer Chiaverini; an historical novel depicting the lives of the Tadd sisters shared through their love, loss and sisterhood.

"The Jane Austin Society" by Natalie Jenner; fans of The Guernsey Literary and Potato Pie Society will enjoy this society, also!

Food For Thought:

What Is Humour?

A sense of humour helps us to overlook the unbecoming, understand the unconventional, tolerate the unpleasant, overcome the unexpected and outlast the unbearable.

KEEP SMILING!! It may be your umbrella on life's rainy days.

For more information call or e-mail Bernie Rosebush at 905-426-1598 or bernie.rosebush@gmail.com

Happiness Always Recipe

One heaping portion of true love

One heaping cup of perfect trust and confidence

One heaping cup of tenderness (the most tender available)

One heaping cup of good humour (a little extra won't hurt)

One tablespoon of good spirits (the more spirited the better)

Blend with:

One heaping cup of unselfishness

A dash of interest in Life

Add:

One good helping of work - to avoid this would spoil the flavour.

Mix all ingredients with a pint of sympathy and understanding combined. Flavour with loving companionship. Bake well all your life. Frost with kisses, fond hopes and tender words. This recipe keeps well and should be served often during the year.

+++++

MOVIE CLUB

Since we cannot get together to see a Movie I thought you might like some trivia on movies. (Answers on last page).

I hope you are all well and safe, *Nancy*

1. Who played Mrs. Robinson in "The Graduate"
2. What was the first feature-length animated movie ever released?
3. What 1927 musical was the first talkie?
4. What American writer/director starred in several iconic European-produced "Spaghetti Western"?
5. Which 1964 musical blockbuster did Julie Andrews win an Academy Award for Best Picture?



+++++

BRIDGE AND COVID-19



NETFLIX AND COVID-19 No this is not a column about bridge.

I have been accused of being obsessive about bridge. Truly, I do have other interests. One is that I love a good murder mystery.

I have discovered several of these on Netflix. I recommend a British series called Broadchurch. It's characters are well developed and the pressure continually builds up. There are also two miniseries by author Harlan Coben called Safe and The Five. Coben's novels translate well into a miniseries. The plots are so intricate that they could not be fit into a standard movie but with a miniseries there is enough space to develop his intricate story lines. His books are fun to read as well. Finally, I have just discovered a series called Line of Duty. The first season is really good.

All these are British productions which I enjoy because actors look like ordinary people (not the Hollywood glamorous) and all the characters are well developed (even the bit parts). Hope you enjoy these!

Harvey

+++++

A REMINDER

NON-MEDICAL MASKS AND FACE COVERINGS MANDATORY WHILE IN INDOOR PLACES ACCESSIBLE TO THE PUBLIC



LIBRARY INFORMATION

Main Branch Computer Service

Starting **June 25 2020**, computer access appointments will be available **Tuesdays to Saturdays between 11am to 7pm** (the last bookable time-slot is 6pm). These one hour slots permit **45 minutes of customer use** plus a mandatory 15 minutes of workstation cleaning for the next customer. Following health & safety protocols including safe physical distancing, customers are able to enter after completing the COVID-19 self-assessment to use an assigned work station on the 2nd floor with their library card. Call **905-683-4000 ext. 8813** or email libraryinfo@ajaxlibrary.ca to book your appointment now!

- * Appointments are available **on-the-hour between 11am to 7pm** (the last bookable time-slot is 6pm) and limited to **two (2) sessions per day**.
- * Please bring your library card for identification purposes — ask staff if you need help registering for a new card!
- * Arrive at the **Main Branch Harwood Ave** entrance **10 minutes** before your scheduled time. Staff will greet you there.
- * Successful completion of a mandatory COVID-19 self-assessment is required prior to entry.
- * Staff will guide you to follow the directions to 2nd floor. Additional staff will greet you and show you to your assigned computer workstation on the 2nd floor.
- * Login and work on the computer for up to **45 minutes**. Access to the printers will also be available. Staff are available at service desk for assistance.
- * Once your **45 min** session is over, please follow the directions to exit the branch.
- * Please note: **there will be no access to the library materials** while in the branch at this time. Materials are **only** available via **curbside pickup**. If required, please speak to a staff member about placing holds on additional materials.

For more information about this service please visit our website at www.ajaxlibrary.ca. There you will find a handy FAQ which may answer some of your questions.

+++++

SERVICE UPDATE – SERVICES RELOCATION TO AUDLEY BRANCH

Please note, between **Monday July 20 - Monday August 3, 2020**, the Library Main Branch will be closed for required roofing renovations. As such, recently launched services at Main Branch will relocate to **Audley Branch, effective Tuesday July 21, 2020**.

Main Branch will continue to provide:

- Dropbox service
Tuesday - Saturday, 11 a.m. to 7 p.m.

Audley Branch will begin to provide:

- Curbside Pickup
- Pedestrian Pickup
- Dropbox Service
- Public Computer Access
- Cooling Centre (only when under a Heat Alert)
Tuesday - Saturday, 11 a.m. to 7 p.m.

Main Branch is scheduled to re-open on **Tuesday August 4, 2020**, however, this date may be subject to change. All updates will be publicized once confirmed.

Customers with questions or concerns about the relocation of services, can call us at **289-943-5001**, between **8:30am** and **4:30pm**.

We apologize for any inconvenience caused and thank you for your patience during this time.

+++++

CONCEPT OF “BUBBLE” VS “SOCIAL GATHERINGS”

For more information on social circles (bubbles):
<https://www.ontario.ca/page/create-social-circle-during-covid-19>

For more information on the difference between social circles and social gatherings:
<https://www.blogto.com/city/2020/06/social-circle-gathering-ontario/>

Here is a chart. I have cited the source at the top


Maureen

FROM: TORONTO STAR, SATURDAY JULY 4, 2020, P.A6

With social circles and social gatherings, you now have more options to safely see friends, family and loved ones.


Social Circles

- Always the same group of up to 10 people
- Close contact like a hug is allowed
- You can only belong to one circle




Social Gatherings

- Can be any group of up to 10 people
- Maintain physical distance (2 metres)
- You can gather with different groups of up to 10 people



Visit ontario.ca/socialcircles
Paid for by the Government of Ontario

Ontario 

AJAX SENIOR CENTRE WITHOUT WALLS

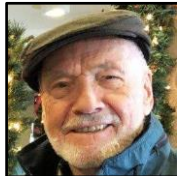
July 2020 Programming Calendar

Monday Tuesday Wednesday Thursday Friday

		1 Canada Day No Programming	2 Headline Hunters 1:30 p.m.	3 Durham Storytellers (DS) - The Innkeeper's Wise Daughter & The Quiltmakers Gift by Jeff Brumbeau 10 a.m.
6 New Zealand 1:30 p.m.	7 Trivia - Oh Canada 1:30 p.m.	8 Brian - The Co-operators 1:30 p.m.	9 Local History Talk - The Forming of Ajax 1:30 p.m.	10 Fit Fridays Exercise 10 a.m.
13 Indonesia 1:30 p.m.	14 Scattergories 1:30 p.m.	15 Laura - Elder Abuse Prevention Consultant (EAPC) 1:30 p.m.	16 Headline Hunters 1:30 p.m.	17 DS - Michael and the Fairies, The Crofter and the Selkie 10 a.m.
20 Hong Kong 1:30 p.m.	21 Minute Mysteries 1:30 p.m.	22 Cst. Rice - DRPS 1:30 p.m.	23 Local History Talk - The People Who Helped Build Ajax 1:30 p.m.	24 Fit Fridays Exercise 10 a.m.
27 Hawaii 1:30 p.m.	28 Trivia - Lives and Times 1:30 p.m.	29 Dr. Alisa - Naturopath Doctor 1:30 p.m.	30 Headline Hunters 1:30 p.m.	31 DS - Daffodils by Wordsworth, Easter, 1916 by William Butler Yeats and the Pub with No Beer 10 a.m.

+++++

CARL'S CORNER



Carl Mabee
Past President (2013-2014)



TEA POTS

Tall, short, squat, ugly, elegant.

Do tea pots make the tea, of course

but the flavour, not so much

unless seasoned and then a

cultivated taste, much better

than tea leaves in an open pan!

Cherish tea pots now gone,

broken by heat, my bad.

Now memories. aaah!

CAN YOU MATCH UP THE BABY PICTURES WITH THE MANAGEMENT TEAM
(Pictures on next page) Answers on last page

BABY A



BABY B



BABY C



BABY D



BABY E



BABY F



BABY G



BABY H



BABY I



BABY J



BABY K



BABY L



BABY M



MANAGEMENT TEAM PHOTOS

Tom



Jane



Maureen



Barb P



Joyce



Nancy



Gail



Reg



Barb C



Julie



Barb S



John



Shirlie



ANOTHER TRIP DOWN MEMORY LANE



SEPTEMBER, 2013 SUBMARINE TOUR



ANSWERS

Baby Pictures

Baby A – Nancy	Baby B – Julie	Baby C – Tom
Baby D – Shirlie	Baby E – John	Baby F – Barb S
Baby G – Maureen	Baby H – Joyce	Baby I - Gail
Baby J – Barb P	Baby K - Jane	Baby L - Reg
Baby M - Barb C		

Movie Trivia Answers

1. Ann Bancroft
2. Snow White and the Seven Dwarfs
3. The Jazz Singer
4. Clint Eastwood
5. Mary Poppins

For information on other PROBUS Clubs in Canada go to www.probus.org. Our Ajax PROBUS website: www.ajaxprobus.com
Many thanks for those who sent in items for this issue.

Comments and items are appreciated including photos of Club events. Please send to probusnewseditor@gmail.com