



# PROBUS CLUB OF AJAX NEWSLETTER

Club 82

Vol 26 Issue 10

October, 2023

## CONTENTS

PRESIDENT'S MESSAGE	1
OCTOBER CALENDAR	2
GENERAL MEETINGS	3
SOCIALS & TOURS	4
INTEREST GROUPS	8
MEMBERS' CORNER	
Membership	12
Poetry by Carl	13
Maureen's Camera Rambles	14
Art by Rowena	15
Recipes of the Month	16
Smiles & Chuckles	17
PHOTO GALLERY	18

## MANAGEMENT TEAM

President: Jean Wing

Past President: Jane Wilson

Vice President: April Gilkinson

Treasurer: Rowena Burns

Secretary: Bernie Rosebush

Communications: Barb Squires

House: Margaret Wells

Membership: Tom Rosebush

Newsletter: Hetty Shapiro

Socials: Shirlie van Putten

Speakers: April Gilkinson

Interest Groups: Julie Mathewson

Technical: Stewart Beatty

Website: Maureen McVarish

Member-at-Large:  
Kevin Portener



## MESSAGE FROM THE PRESIDENT

### October is Probus Month

Please join us to celebrate the Probus Club of Ajax at our next meeting on October 4th.

As the colours of the leaves change and the days become shorter with a chill in the air, we start to miss the warm days and evenings of summer. We do have the cozy

nights by the fire to look forward to.

Like the change of the seasons, I have a big change ahead as I take on the responsibility of president of the Probus Club of Ajax. A new challenge for the new season!

I have been a member since 2018 but have not been involved in the management team, so I have jumped in with both feet. I know there is a strong team who will help and guide me through the next year. I look forward to meeting and getting to know as many members as possible over the next year.

We are fortunate that we have lots to look forward to. April has a great group of speakers lined up. Shirlie has wonderful trips and outings planned. Plus our breakfasts, lunches and dinners out and many other activities run by the management team and volunteers. Fall is looking very colourful and cheerful.

Jean Wing

[jeankelly263@gmail.com](mailto:jeankelly263@gmail.com)

Thank you to the members who contributed to this issue.

Please send submissions by the 25<sup>th</sup> of the month to:

[ajaxprobuseditor@gmail.com](mailto:ajaxprobuseditor@gmail.com)

PROBUS Ajax website  
[www.ajaxprobus.com](http://www.ajaxprobus.com)



Ajax  
Partnership  
Fund

PROBUS Canada website  
[www.probus.org](http://www.probus.org)

# OCTOBER CALENDAR

PLEASE WEAR YOUR NAME BADGE AT OUR MEETINGS AND EVENTS.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 National Senior Citizens' Day 	2	3 10 am GOLF — PICTON WINE TOUR — 1:30 pm CRIBBAGE	4 10 am GENERAL MEETING	5 10:00 am WALKING GROUP — 2:30 pm SOCIAL BRIDGE	6 1:00 pm ZOOM CHAT	7
8	9 	10 10 am GARDEN — 10 am COFFEE — 10 am GOLF — 1:30 pm CRIBBAGE	11 Noon LADIES LUNCH — 2:00 pm EUCHRE	12 10:00 am WALKING GROUP — 2:30 pm BRIDGE LESSON	13 1:00 pm ZOOM CHAT	14
15	16 9:30 am CAR RALLY	17 10 am SALT CAVE — 10 am GOLF — Noon MEN'S LUNCH — 1:30 pm CRIBBAGE	18	19 10:00 am WALKING GROUP — 2:30 pm SOCIAL BRIDGE — 5:30 pm DINING OUT	20 1:00 pm ZOOM CHAT	21 8:30 pm DANCING AT THE EDGE
22	23	24 10 am GOLF — 1:30 pm CRIBBAGE	25 2:00 pm EUCHRE	26 10:00 am WALKING GROUP — 2:30 pm BRIDGE LESSON	27 1:00 pm ZOOM CHAT	28
29	30	31 9:00 am BREAKFAST — 10 am GOLF — 1:30 pm CRIBBAGE 				

SEE WHAT'S ON IN THE TOWN OF AJAX

[Town of Ajax 55+ activities](http://www.ajaxlibrary.ca/whatson)

<http://www.ajaxlibrary.ca/whatson>

# GENERAL MEETINGS

JOIN US FOR LUNCH AT THE PORTLY PIPER PUB AFTER THE MEETINGS.



**LUG-A-MUG** TO CUT DOWN ON THE USE OF DISPOSABLE CUPS, WE ARE RE-INTRODUCING "LUG A MUG". DISPOSABLES WILL BE AVAILABLE BUT IT WOULD BE APPRECIATED IF YOU WOULD BRING YOUR OWN MUG TO THE MEETINGS.

**WEDNESDAY, OCTOBER 4 - 10:00 am**

**Ajax Community Centre, HMS Ajax Room  
(entrance at south side of building)**

**Meeting fee: \$2**

**Optional "Share the Wealth" draw:**

**Tickets \$1 each or 3 for \$2**

**(exact change appreciated)**



## **FROM BIRDER TO BIRDER MURDER - THE MYSTERY CONTINUES**

with Guest Speaker: **Steve Burrows**

Join Steve Burrows for a light-hearted slideshow that moves between the worlds of birding, publishing and research travel to reveal his journey from environmental journalist and birder to author of the best-selling Birder Murder mystery series.

Steve's first novel, *A Siege of Bitterns*, won the Crime Writers of Canada award for Best First Novel, and was selected as one of the Globe & Mail's top 100 books of the year. The seventh Birder Murder mystery, *A Foreboding of Petrels*, was published last fall. Steve and Resa now live in Oshawa, Ontario.

**WEDNESDAY, NOVEMBER 1 - 10:00 am**

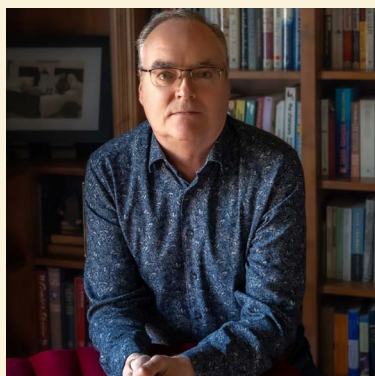
**Ajax Community Centre, HMS Ajax Room  
(entrance at south side of building)**

**Meeting fee: \$2**

**Optional "Share the Wealth" draw:**

**Tickets \$1 each or 3 for \$2**

**(exact change appreciated)**



## **A NEW SEASON: TRACING THE ROOTS OF A NOVEL**

with Guest Speaker: **Terry Fallis**

Two-time winner of the Stephen Leacock Medal for Humour, Canadian novelist, Terry Fallis, is the award-winning author of eight national bestsellers. His presentation will trace the roots of his latest novel, *A New Season* – a thoughtful exploration of aging, loss, family, friendship, and love, all with his trademark humour and heart. Full of sincerity and warmth, *A New Season* shows us all that sometimes, making a change in your life can save your life. Terry has written for many publications including Maclean's, Canadian Geographic, Reader's Digest, Toronto Life, the Globe and Mail, the National Post, and the Toronto Star.

<https://terryfallis.com/>

**NOTE THAT THE CHRISTMAS LUNCH  
REPLACES A DECEMBER MEETING.**

# SOCIALS & TOURS

## PICTON WINE TOUR - TUESDAY, OCTOBER 3



### AVOID DISAPPOINTMENT - BOOK NOW!

Welcome to Prince Edward County, a Designated Viticultural Area in Ontario with close to 40 wineries and new ones popping up every year. The limestone-rich soils of Prince Edward County produce wines with an unmistakable sense of place. The natural minerality of the soil is highlighted in the wines along with other flavors developed from the nutrients and minerals that the grapes absorb as they grow. Our winemakers are serious about wine, but the tasting experience in Prince Edward County is refreshingly unpretentious.

**Cost \$153 includes:**

*Return transportation by Coach (departs by 8:45 am)  
Lunch at The Waring House, Tasting at two Wineries,  
Visit to the "Lake in the Mountain" and Driver's Tip*

**RSVP: Shirly: 905.619.8583 [shirliewanputten@rogers.com](mailto:shirliewanputten@rogers.com)**



## CAR RALLY MONDAY, OCTOBER 16

**9:30 A.M.**

**\$25 per person**

Take a guided drive around Durham while enjoying the fall colours, finding answers to questions and completing tasks, then join us for lunch in a mystery location. Sign up as a team or be randomly assigned to one.

We suggest 3-4 people per car.

email Julie [jmathewson@rogers.com](mailto:jmathewson@rogers.com)

**to register**

# SOCIALS & TOURS

## RELAX, DETOXYFY AND DE-STRESS

**UXBRIDGE HOLISTIC SALT THERAPY CAVE & LUNCH**  
**10:00 AM ON TUESDAY, OCTOBER 17 (TUESDAY, OCTOBER 24 IS SOLD OUT)**  
**A FEW SPOTS ARE AVAILABLE - BOOK NOW!**



### **SALT CAVE (5 spots: \$34 p.p - 45 mins)**

*The Salt Caves are an original method of application of salt rock from Klodawa-Poland, Himalaya-Pakistan and the Dead Sea. All together 12 tons of salt is used for inhalation, rehabilitation, prophylactics, and health protection. The air inside our salt caves is saturated with minerals and negative ions.*



### **HAND & FOOT DETOX (4 spots: \$28 p.p- 45 mins)**

*The Pink Salt Foot Detoxifier is a pleasing, natural work of art and a powerful tool for rebalancing, revitalizing, and gently cleansing the body and mind. The detoxifier lights up to give off radiant warmth and gentle light, negative ion-producing only when lit, improving over-all wellness.*

**HOLISTIC SALT THERAPY CAVE, 16 BROCK ST. WEST, UXBRIDGE**  
**FOLLOWED BY LUNCH AT THE TRAIL HUB RESTAURANT (at your own expense)**  
**722 CHALK LAKE ROAD, UXBRIDGE**  
Self-drive/Carpool. Pre-pay to reserve your space. Cash, cheque or e-transfer to  
Coordinator: April Gilkinson [april-ann@hotmail.com](mailto:april-ann@hotmail.com)



## **ST. JACOBS FARMERS' MARKET - THURSDAY NOVEMBER 9**

**Cost: \$125**

Kick off your holiday shopping season with a visit to St. Jacobs Farmers' Market. Explore 250+ vendors with fresh produce, international cuisine, artisans & more! The tour also includes Picard's Peanuts, the Village of St. Jacobs, return transportation by coach and dinner at the Jacobs Grill.

RSVP Shirlye: 905.619.8583 [shirlyevanputten@rogers.com](mailto:shirlyevanputten@rogers.com)



## Annual Christmas Lunch

FUN

Wednesday, December 6  
Noon - 3:00 pm

PRIZES

### MENU

*Mixed Salad*



*Choice of  
Roast Turkey, Salmon or a  
Vegetarian Dish*



*Vegetable Medley*



*Tiramisu*

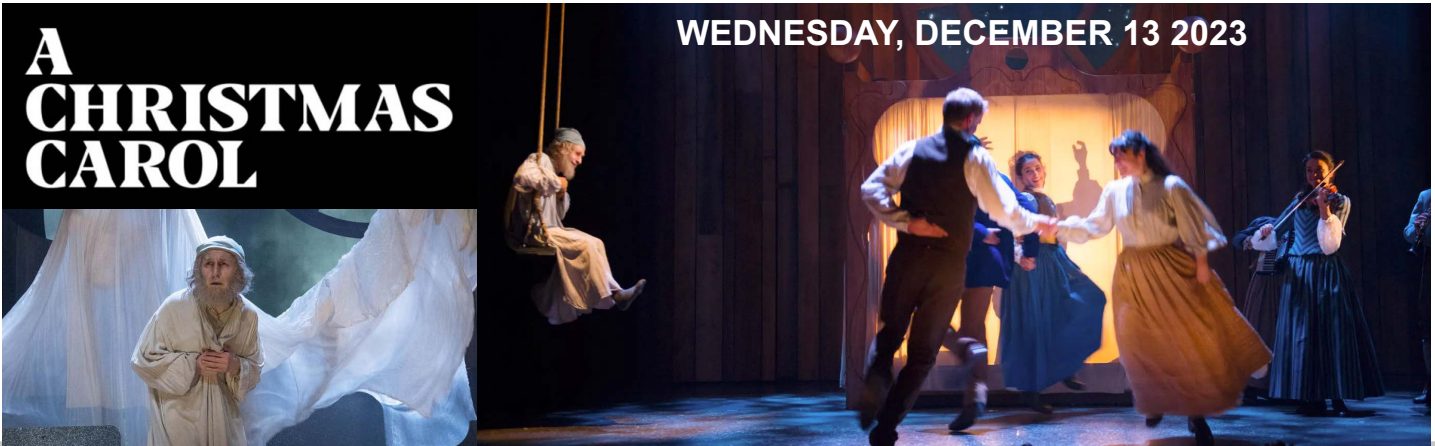
Let Shirlie know which  
main course you prefer

AJAX CONVENTION CENTRE  
550 BECK CRESCENT

MEMBERS: \$65  
GUESTS: \$75

RSVP: SHIRLIE 905.619.8583  
[shirlievanputten@rogers.com](mailto:shirlievanputten@rogers.com)

# SOCIALS & TOURS



WEDNESDAY, DECEMBER 13 2023

## A CHRISTMAS CAROL

### EBENEZER SCROOGE IS BACK!

Nestled in the heart of the ultimate Christmas village, the charming holiday favourite, "A Christmas Carol", returns to the Shaw Festival's Royal George Theatre.

It's the perfect annual reminder of what Christmas is all about.

Arrive feeling "Bah, humbug!" and leave full of warm, fuzzy Christmas spirit.

Cost: \$150 includes return transportation by coach and orchestra level ticket.

RSVP Shirlie: 905.619.8583 [shirlievanputten@rogers.com](mailto:shirlievanputten@rogers.com)



Don't spend New Year's Eve alone  
spend it with us at  
**THE EDGE LOUNGE**  
dancing to the great sounds of  
**RACHEL & AYDEN**  
Watch them perform

**BUFFET DINNER INCLUDED**



More details will be provided  
as soon as they are available.

We will have a reserved area for our group.  
Space is limited. If you would like  
to join us for a really fun evening, contact:

April [april-ann@hotmail.com](mailto:april-ann@hotmail.com)  
or Hetty [ajaxprobuseditor@gmail.com](mailto:ajaxprobuseditor@gmail.com)

# INTEREST GROUPS

## A MESSAGE FROM JULIE MATHEWSON - INTEREST GROUPS COORDINATOR

As the Interest Groups Coordinator and member of the Management Committee, we're always looking for new things to do and would love to hear your ideas for groups that we might try. Please contact me at [jmathewson@rogers.com](mailto:jmathewson@rogers.com) with your comments, suggestions, ideas and, most importantly, your willingness to step up as a new interest group leader. Coming this fall, we're hoping to start a small theatre group, going to plays at venues such as St. Francis Centre, Oshawa Little Theatre and Capitol Theatre in Port Hope. Watch this space for more information.

## BREAKFAST CLUB

TUESDAY, OCTOBER 31 @ 9:00 am

WE MEET ON THE LAST TUESDAY OF THE MONTH

Next breakfast at:

**MICHAEL'S EATERY**

44 Commercial Ave, Ajax

RSVP: Lynne [912lynne@gmail.com](mailto:912lynne@gmail.com) 905-839-8147



## BRIDGE

EVERY THURSDAY FROM 2:30 - 4:30 pm

**ROTARY ROOM, AJAX LIBRARY**  
55 Harwood Ave. South

Oct 5      **Social Bridge**  
Oct 12     **Bridge Lesson**  
Oct 19     **Social Bridge**  
Oct 26     **Bridge Lesson**

*The lessons will continue until the spring on the 2nd and 4th Thursdays of the month. The lessons build on material from previous lessons.*

RSVP: Harvey [hbrodhecker@yahoo.ca](mailto:hbrodhecker@yahoo.ca)



## COFFEE & CONVERSATION

TUESDAY, OCTOBER 10 @ 10:00 am

EVERY 2<sup>ND</sup> TUESDAY - FOR NEW MEMBERS

*Members who joined our club in the last 12 months are invited to an informal get-together at the home of Jane & Bob Wilson. (address will be provided when registering)*

RSVP by October 7 to  
April [april-ann@hotmail.com](mailto:april-ann@hotmail.com) or  
Hetty [ajaxprobuseditor@gmail.com](mailto:ajaxprobuseditor@gmail.com)





# INTEREST GROUPS

## CRIBBAGE

EVERY TUESDAY 1:30 - 4:00 pm

### PICKERING VILLAGE SENIOR CENTRE

29 Linton Avenue (one block north of Kingston Road  
& one block west of Church Street)  
(next door to the Ajax Creative Arts Club)

*We have a novice's table at our card games for those  
who want to learn how to play the game  
or who need to refresh their game skills.  
Feel free to join us even if you've never played before.*

RSVP: Wendy [wendysmith1@live.com](mailto:wendysmith1@live.com) 905-686-1490



## DANCING AT THE EDGE

SATURDAY, OCTOBER 21 @ 8:30 pm

*Join us once a month for a fun evening dancing to retro hits.  
We're at an age where we don't care what people think.  
We dance like nobody's watching!*

### THE EDGE LOUNGE

Mackenzie Pub Plaza, 250 Bayly St. W.

featuring **THE SPITFIRE KINGS**

[\(Watch them on YouTube\)](#)

Entrance fee at the door (\$10-\$15)

RSVP by October 18 to

April [april-ann@hotmail.com](mailto:april-ann@hotmail.com) or

Hetty [ajaxprobuseditor@gmail.com](mailto:ajaxprobuseditor@gmail.com)



## DINING OUT

THURSDAY, OCTOBER 19 @ 5:30 pm

EVERY 3<sup>RD</sup> THURSDAY

### THAI ORCHID RESTAURANT

1450 Kingston Rd, Pickering  
(Kingston Rd & Valleyfarm Rd)

RSVP: Carol [cbreen840@bell.net](mailto:cbreen840@bell.net)



# INTEREST GROUPS

## EUCHRE

**EUCHRE: WEDNESDAY, OCT 11 & 25 2:00 - 4:00 pm**

### PICKERING VILLAGE SENIOR CENTRE

29 Linton Avenue (one block north of Kingston Road  
& one block west of Church Street)  
(next door to the Ajax Creative Arts Club)

*We have a novice's table at our card games for those  
who want to learn how to play the game  
or who need to refresh their game skills.  
Feel free to join us even if you've never played before.*

**RSVP:** Jane [jw.003@sympatico.ca](mailto:jw.003@sympatico.ca) 905-619-6674



## GARDEN GROUP

**TUESDAY, OCTOBER 10 @ 10 am**

We're meeting at Sylvia's house **52 Bolland Cres** for a coffee or tea.  
Please bring a garden item for exchange.  
It can be a perennial you are dividing, a usable garden pot,  
a garden ornament or an indoor plant. (anything garden related)  
Come give us some ideas for next year.

Please sign up at the October meeting,  
so we know how many are coming.

**Sylvia and Jane** [travelsylvia52@gmail.com](mailto:travelsylvia52@gmail.com)



## GOLF

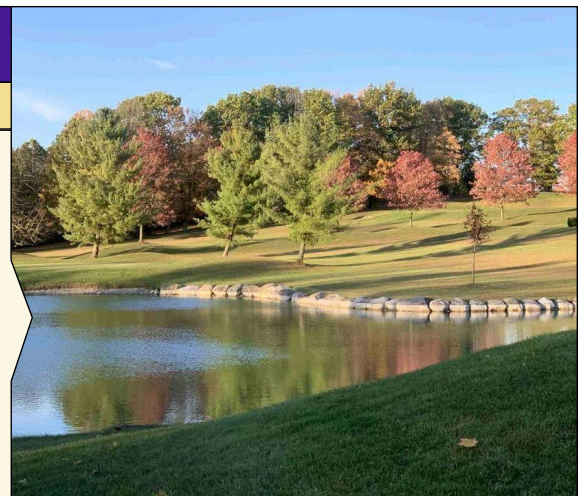
**EVERY TUESDAY - TEE TIME @ 10:00 am**

**9-HOLE GOLF** (walking only)  
(Try to arrive 30 minutes before tee time)

**HAWTHORNE VALLEY**  
3470 Salem Road, Pickering

Reservations to Hawthorne Valley up to a week ahead:  
905-686.2028

**RSVP:** Marcia (Durham West)  
[marciaeveritt@yahoo.ca](mailto:marciaeveritt@yahoo.ca)



# INTEREST GROUPS

## "GOMEO" LUNCH CLUB

**TUESDAY, OCTOBER 17 @ NOON**

*(Grumpy Old Men Eating Out)*

**WE MEET EVERY 3<sup>RD</sup> TUESDAY**

**AT MACKENZIE PUB & RESTAURANT**

250 Bayly St. West, Ajax

RSVP: Kevin [kportener@gmail.com](mailto:kportener@gmail.com)



## "RODEO" LUNCH CLUB

**WEDNESDAY, OCTOBER 11 @ NOON**

*(Retired Old Dames Eating Out)*

**WE MEET EVERY 2<sup>ND</sup> WEDNESDAY**

Next meeting at:

**ANGELIQUE'S, 1-31 Barr Road (Just off South Whitney), Ajax**

**NOTE: THE SEATING CAPACITY IS FOR 15 ONLY**

RSVP: Anne [mandareed02@gmail.com](mailto:mandareed02@gmail.com)



## WALKING CLUB

**EVERY THURSDAY @ 10:00 am**

Come join us and discover some of the many walking trails in Ajax and surrounding areas.

For more information contact:

Ron [mitchellmis@rogers.com](mailto:mitchellmis@rogers.com)

or Maureen [maureenmcvarish@yahoo.ca](mailto:maureenmcvarish@yahoo.ca)



## ZOOM CHAT ROOM

**EVERY FRIDAY @ 1:00 pm**

All members are welcome to join us for a discussion on general topics of interest.

To join the Zoom Chat contact:

Stewart [ajaxprobuszoom@gmail.com](mailto:ajaxprobuszoom@gmail.com)

or Barb [ajaxprobus@gmail.com](mailto:ajaxprobus@gmail.com)

*Me on Zoom after waking up  
2 minutes before - Sarah Jessica Parker*



# MEMBERS' CORNER



## MEET JEAN WING - OUR NEW PRESIDENT

I emigrated to Canada from the UK in 1979 – the same time as many boat people from Vietnam. With the last name of "Wing", I was often mistaken as someone from Vietnam or China. "Wing" was shortened from Winge or Wingham and is of Danish origin. And yes, I still have a strong British accent but have lived most of my life in Canada.

From 1981, until I moved to Morrish Road in 2009, I lived near the Guild Inn, Scarborough. As a volunteer, I organized many social and fundraising events at my church as well as for a Brownie pack and Girl Guides group for 10 years. I also volunteered at my daughters' schools, going on many of the trips and helping in the classroom and with other school activities.

At 40, I decided to go back to work. I took a two year course at Centennial College in Recreation Leadership. This allowed me to work in hospitals, seniors' day programs, retirement homes, long term care and seniors' independent living facilities. My last job before retirement was as a Program Coordinator at an independent retirement facility in Stouffville.

I moved to Ajax in 2015 and knew no-one in the area. I heard about Probus at a 55+ fair run by the Town of Ajax, and Reg Lawrence encouraged me to join. During 2018 and 2020, I went on many of the day trips and the Spain and Portugal tour in February 2020. The monthly meetings and trips gave me the opportunity to meet new people.

I enjoy travelling, reading, movies and attending the Probus club meetings. I have two beautiful daughters and two handsome grandsons who will definitely be taller than their grandma!



*Welcome to the new members pictured with Jane Wilson (left) and Jean Wing (right).  
l - r: Marlene Rae, Pat Nasmith, Delores Cook, Frances Collier, Anneli and Paul Craig.*

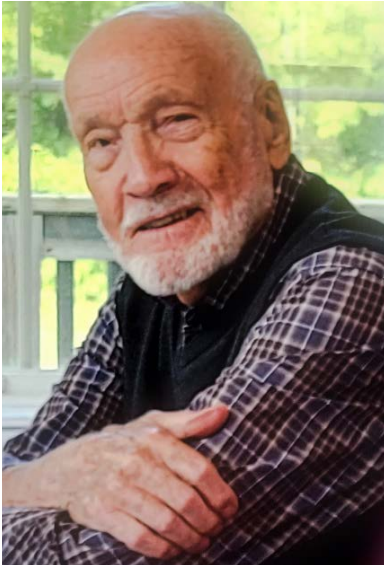
**Reminder!**

## MEMBERSHIP RENEWAL

The membership year for Ajax Probus runs from August 1st to the end of July each calendar year. The grace period for renewing your membership for the 2023/2024 year ends **October 31<sup>st</sup>**. If you are unable to attend our October meeting you can send your renewal (\$45) via e-transfer to [probusajaxtreasurer@gmail.com](mailto:probusajaxtreasurer@gmail.com) or mail a cheque to: **Tom Rosebush, 1612-44 Falby Court, Ajax ON L1S 3L1**

# MEMBERS' CORNER

## POETRY BY CARL



Carl G. Mabee

### SILO

Summer Sundays set aside for  
Slow drives through the country  
And picnics in a farmer's field where  
The ground was somewhat earthy.

Old apple orchards dot the meadows  
Where buildings used to stand  
But time has wrought the damage  
Now reclaimed by the land.

Stone piles sit amid the fields from  
Efforts quite intense  
And there they sat for centuries  
When not used for a fence.

A stone bridge crosses near a village  
With buildings locked in time;  
The bells up in the belfry peel  
A Sunday ringing chime.

The school house now sits empty  
Where children went all day;  
It's now turned into day care  
And wee ones get to play.

As we leave this small village, where  
Farmers came to shop  
The candle maker's store is there  
But now it's selling pop.

The old creamery stands on main street;  
Its doors are shuttered now.  
No-one bring in eggs to sell;  
It stores the winter plough.

Just outside the village,  
A Mill Pond comes in sight.  
The water wheel is turning  
To everyone's delight.

The Mill Pond serves the wildlife  
And life that's not so wild,  
As teens still come to swim here  
And mothers teach their child.

Although the family farm  
Is slowly on the wane, one can still  
See the remnants of structures  
Amidst the fields of grain.

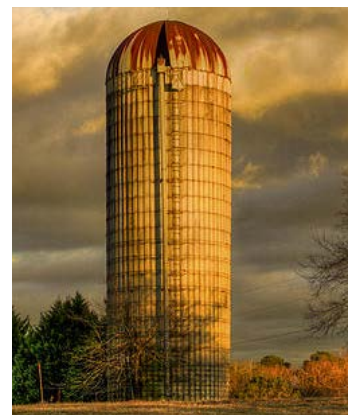
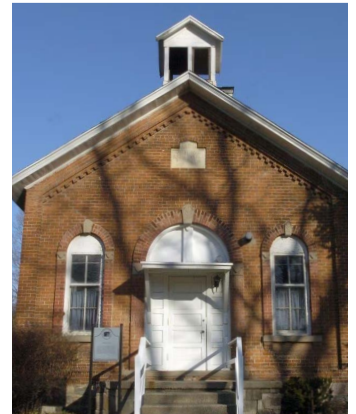
A windmill is still standing;  
A silhouette against the sky.  
It's missing a vane or two;  
Its function left to die.

Over by the sideroad  
A Silo stands forlorn  
Where once a barn and farm house stood  
There's no-one left to mourn.

We can see the great inventions  
That were meant to feed us all,  
Just sitting in the tall weeds  
Like the hay rake and the plough.

So all the old equipment sits  
Rusting in the grass,  
Once was so important  
Their time has come and passed.

The family farm is gone now  
Change starts, always small.  
Still, it's nice to remember pioneers  
Who provided this for all.



# MEMBERS' CORNER

## MAUREEN'S CAMERA RAMBLES



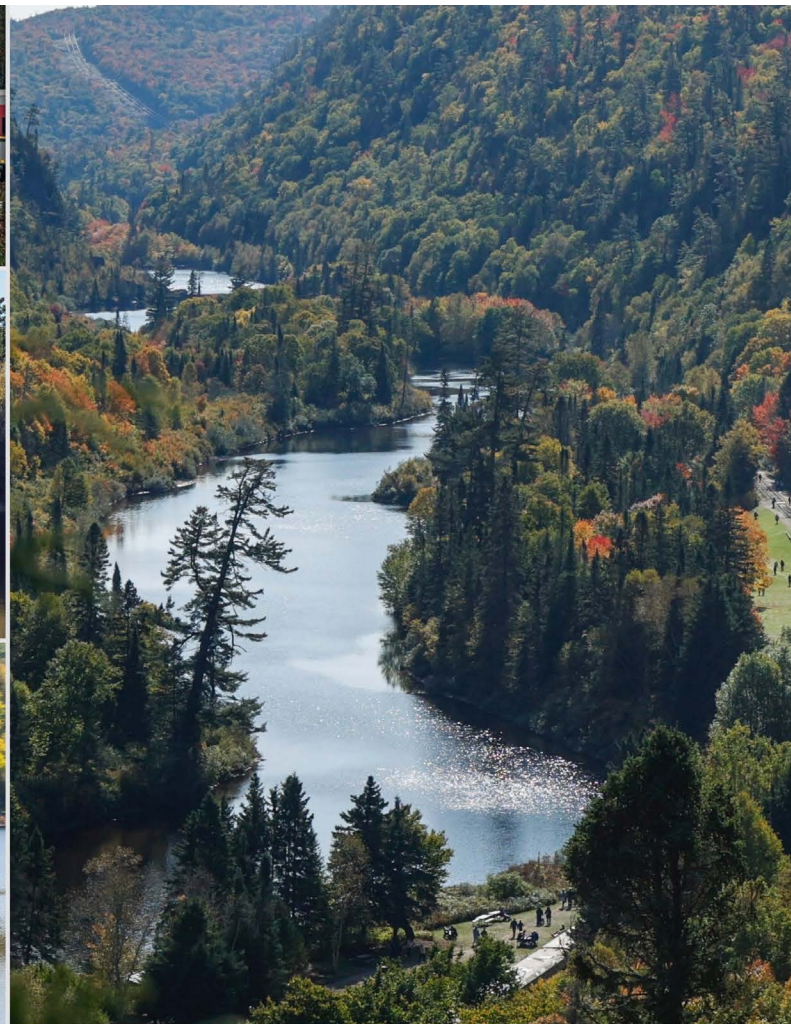
Maureen McVarish

### AGAWA CANYON TOUR

For many years, especially in the fall, I have heard about the Agawa Canyon Tour Train. Last fall, I finally had the extreme pleasure of this experience.

The Agawa tour train starts its 10 hour journey north in Sault Ste. Marie, Ontario. We stayed in "The Sault" for 2 nights so we could be there for the early morning start and relax for the night upon return. We chose the latest possible date that we could to ensure we would see the best fall colours and we weren't disappointed. We just had to take our seats, get out our cameras, and watch the show go by. The further north, the more colour. And the more rugged the terrain. I loved it when we would take a long curve and could see the front of our train out the window.

When we finally arrived at the Agawa Canyon, we disembarked and had a time period to wander around the area. In addition to some flat surfaces near the tracks and gorge, there was a steep staircase leading up to a platform with a breathtaking view over the canyon. Of course, I had to do the climb! Maybe a once in a lifetime chance at this view. You can see how high it was by looking down at the train tracks. If you haven't had this experience already, go for it!



# MEMBERS' CORNER

## ART BY ROWENA



**Rowena Burns**

### ABOUT OLD DOGS AND NEW TRICKS

In my long and varied working career, I did almost nothing related to artistic endeavour. In fact, I was not aware I had any particular abilities, beyond being able to draw something a bit beyond stick figures. I moved to Ajax in 2016, newly retired as a CPA and business owner, used to working 10 hour days, and felt really at loose ends. I decided to try some seniors' art classes and my first efforts were pretty bad. Trying to draw a green pepper, I couldn't decide which direction the lines should go. I was excited when a few smears of charcoal actually looked a bit like a pumpkin!

Fortunately, both David Wysotski and his wife, Chrissie, were teaching painting and drawing at Whitby Seniors at that time, and they are both outstanding artists and teachers. Many of us found that our results were increasingly recognizable, and even enjoyable! I was always amazed when a project turned out to be much better than I expected.

The artworks here are student pieces, and I continually endeavour to improve. I still very much enjoy my new pursuits. When people say to me, "but I have no artistic talent", I point out to them that I thought I didn't have any talent either! I have discovered that I can learn new things and also that talent is "90 percent perspiration and only 10 percent inspiration!"



**Top: Girl with Lotus Flower**  
Graphite 10x7.5

**Centre: Old Roses - Acrylic 10x30**

**Bottom left:**  
Barn Cat - Acrylic 9x12

**Bottom right:**  
Betta Fish Dance -  
White Charcoal 9x12





### MUSHROOM STUFFING CASSEROLE



2 tablespoons butter + more for greasing the pan and drizzling on top  
1 cup sweet onion, chopped  
1 pound white/cremini mushrooms, chopped  
2 cloves garlic, minced  
2 eggs  
2 cups vegetable or chicken broth  
1/3 cup chopped or dried parsley  
1/4 cup soy sauce  
8 cups dry cubed white bread  
salt & pepper to taste

1. Preheat oven to 375°F. Grease a 9 x 13" baking dish or casserole with butter.
2. Heat 2 tbsp butter over medium heat in a large pan.
3. Sauté onions until translucent, about 4 minutes.
4. Add mushrooms, salt and pepper and cook for 10 minutes, until softened.
5. Add garlic and cook an additional 3 minutes.
6. In a large mixing bowl, whisk eggs, broth, parsley, and soy sauce.
7. Add bread and mushroom mixture and mix well.
8. Place in the prepared baking dish and drizzle with extra melted butter.
9. Bake at 375°F, covered, for 40 minutes. Uncover and bake 15 minutes more until browned.

### LEFTOVER TURKEY SALAD *(also good with cooked salmon)*



4 cups chopped leftover turkey  
1/2 cup mayonnaise (or more to taste)  
2 tablespoons honey mustard  
1 tablespoon sweet green relish  
1/2 cup finely chopped celery  
1/2 cup chopped green or red onion  
1 teaspoon celery seed  
1 teaspoon dried dill  
salt & pepper to taste  
1/4 - 1/2 teaspoon cayenne pepper (optional)

Mix all ingredients in a large bowl and refrigerate until ready to eat.



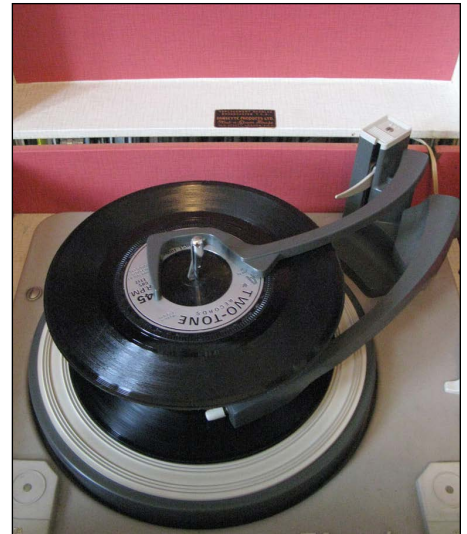
# MEMBERS' CORNER

## SMILES & CHUCKLES



*The weather channel said to dress for the mid 70s today.*

*Remember when we were young and you saw that old man and said, "If I ever try to leave the house dressed like that, shoot me?"*



*This is how we made a playlist when I was a teenager.*

*A life is not important except for the impact it has on other lives. - Jackie Robinson*

*I decided I can't pay a person to rewind time, so I may as well get over it. - Serena Williams*

*Be the reason the lights flicker when you enter a room. - unknown*

*You cannot be lonely if you like the person you're alone with. - Wayne Dyer*

*Worry never robs tomorrow of its sorrow; it only saps today of its strength. - A.J. Cronin*

*Age isn't a number, it's an attitude. - unknown*

*Some guy said to me: 'Don't you think you're too old to sing rock n roll?'*

*I said: 'You'd better check with Mick Jagger.' - Cher*

*You'll find that life is still worthwhile, if you just smile. - Charlie Chaplin*



# PHOTO GALLERY

## 2023-2024 MANAGEMENT TEAM & 55+ WELLNESS FAIR



### MEET OUR 2023-2024 MANAGEMENT TEAM

**Front row - l-r: Jane Wilson (Past President), Rowena Burns (Treasurer), Bernie Rosebush (Secretary), Jean Wing (President), April Gilkinson (Speakers), Hetty Shapiro (Newsletter), Margaret Wells (House), Julie Mathewson (Interest Groups), Maureen McVarish (Website) and Tom Rosebush (Membership).**  
**Back row - Kevin Portener (Member-at-Large) and Stewart Beatty (Technical).**  
**Absent from photo: Barb Squires (Communications) and Shirly van Putten (Socials).**



**55+ WELLNESS FAIR - SEPTEMBER 9, 2023 - AT THE AJAX COMMUNITY CENTRE**  
**Probus Club of Ajax booth manned by Rowena Burns, Stewart Beatty, Barb Squires & Jane Wilson.**

# PHOTO GALLERY

SEPTEMBER 6 - GENERAL MEETING



*Victoria Plaskett, Pat Nasmith & Bernadine Taylor*



*Nancy Hobart & Joan Westwood*



*John Clark, Greg Casquenette, Jim Meek & Carl Mabee*



*Anne MacInnis, Diane Fleming & Karen Strong*



*Managing the sign-up sheets for socials and interest groups*



# PHOTO GALLERY

## SEPTEMBER 6 - GENERAL MEETING



# PHOTO GALLERY

SEPTEMBER 14 - BBQ AT GREENWOOD



*April Gilkinson, Barb Squires & Jane Wilson wielding a big knife!*



*Kevin Portener, Stewart Beatty, Greg Casquenette & Jim Meek*



*Darlene Fawcett, Darlene Dadswell & Wendy Smith*



*Tish Meek, Cecelia Kearns & Judy Mitchell*



*Janice Lepper, Barb Squires, Veronica Chase & Anne Reed*

# PHOTO GALLERY

SEPTEMBER 14 - BBQ AT GREENWOOD

